

## U3A MacOS Computing group meeting 10/7/2023

### **IMPORTANT “My Photostream” changes – PLEASE READ**

There are two points I missed when we discussed saving your My Photostream photos at the meeting.

- 1) If **ALL** your devices have iCloud enabled and iCloud Photos “on” then you don’t need to do anything as Apple says that everything in your My Photostream Album will be saved to iCloud photos.
- 2) If any of your devices do not have iCloud enabled and iCloud photos “on” then you have 2 choices:

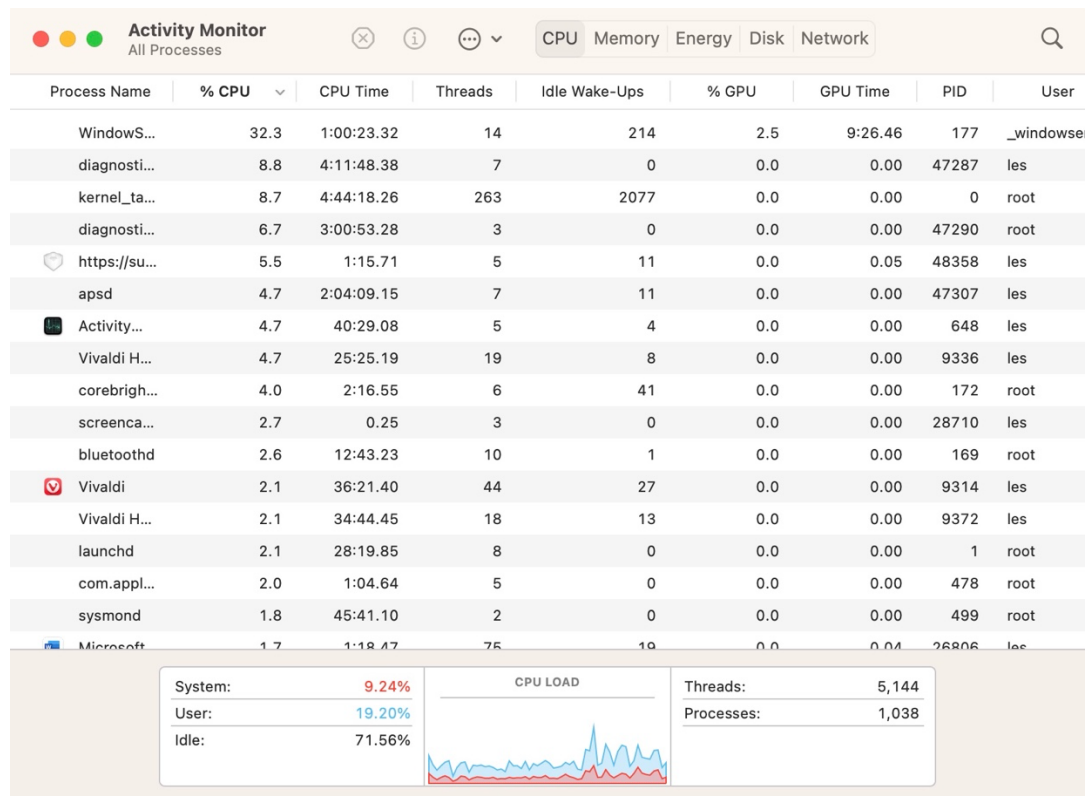
You can either enable iCloud and turn iCloud Photos “on” on those devices (which may mean that you will need to buy more iCloud storage from Apple) **or** you can copy all the My Photostream photos to your device as follows:

- Select All the photos in the My Photostream Album and drag them to the “Library”  
**(I think I forgot about this step when we discussed this in the meeting)**

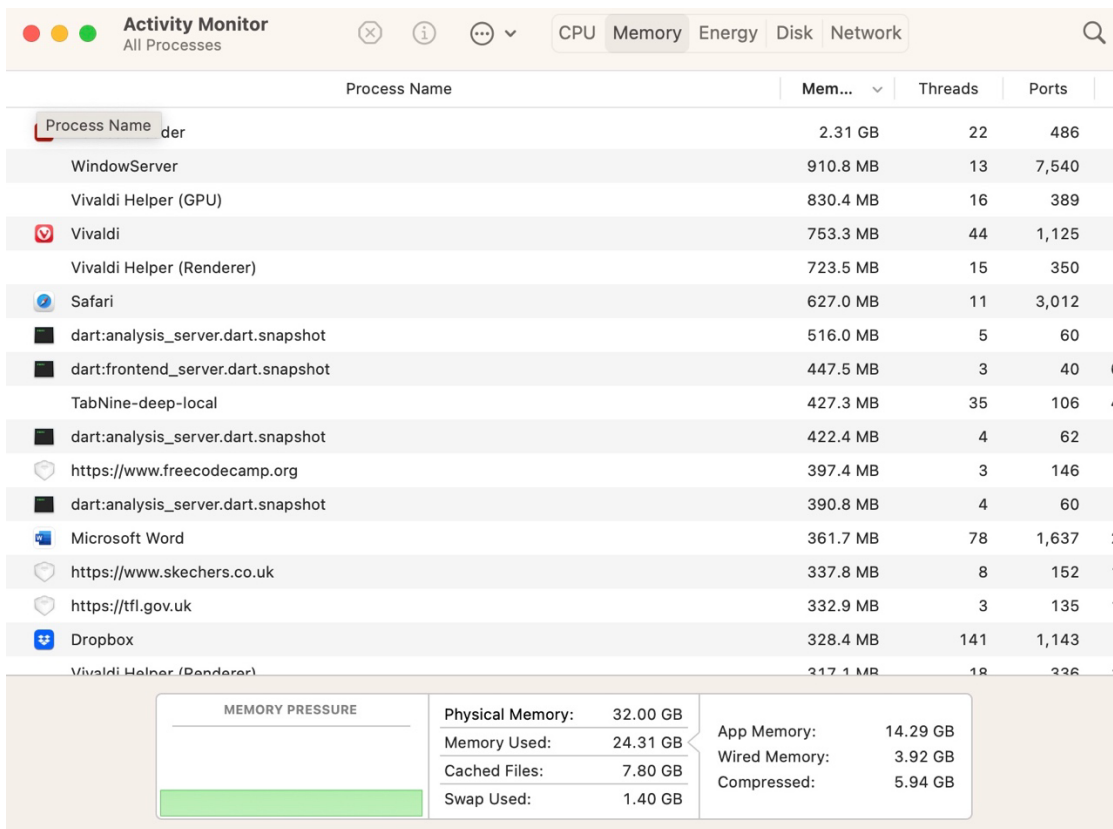
After you have done that then you can click on Library and start selecting photos to add to new Albums as was discussed.

### **How to fix Mac slowing down (spinning coloured wheels appearing frequently)**

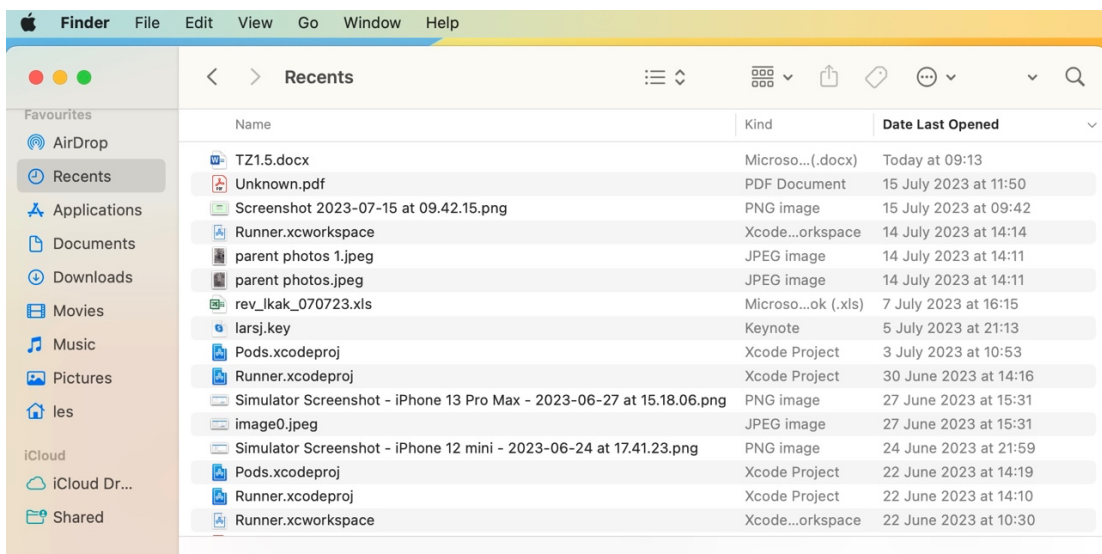
- 1) Launch Activity Monitor from Launchpad/Other or press Command+space and type: Activity



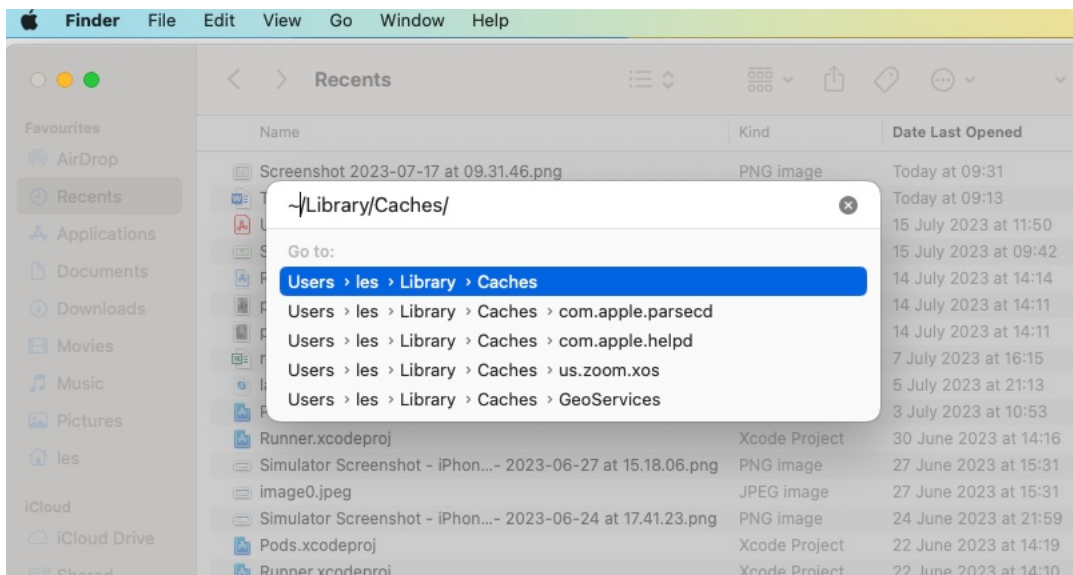
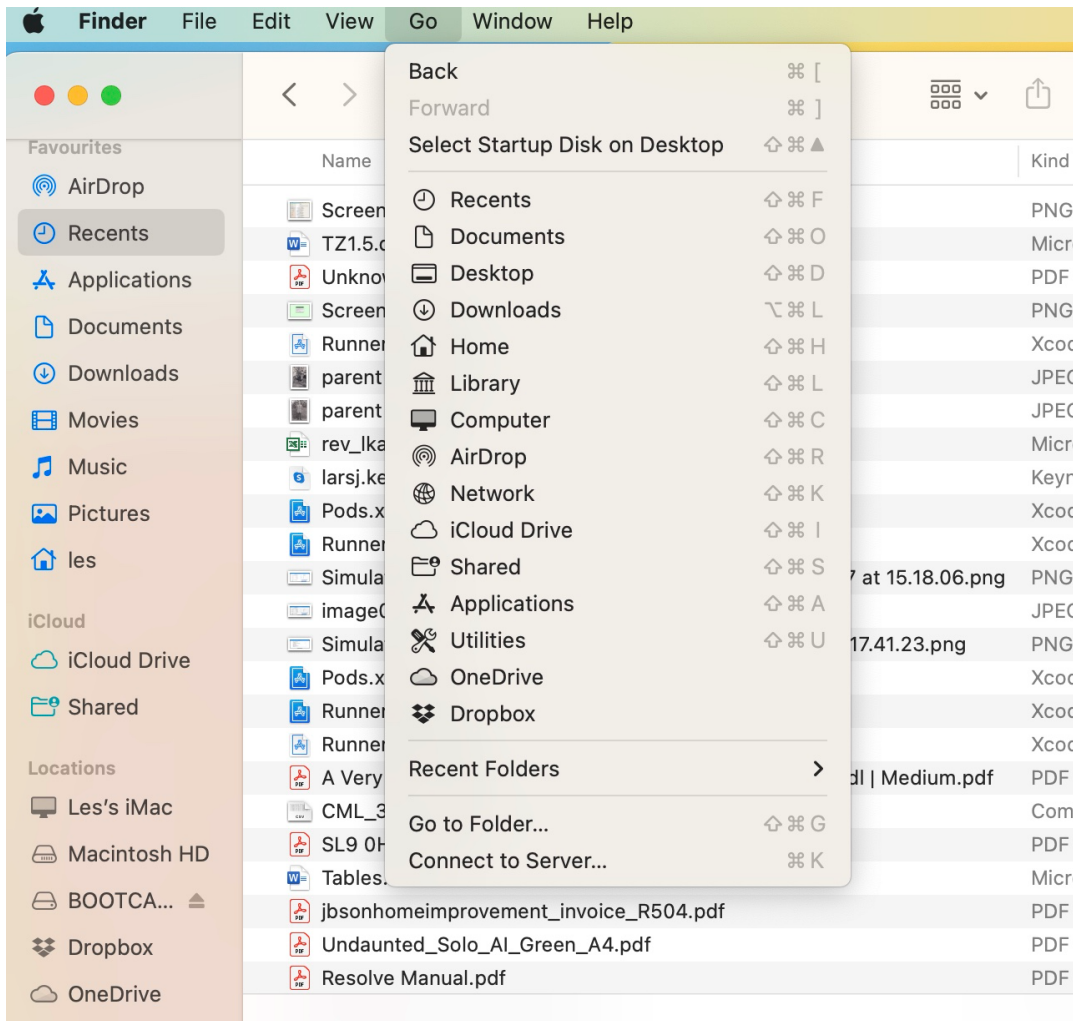
2) Click Memory at the top next to CPU



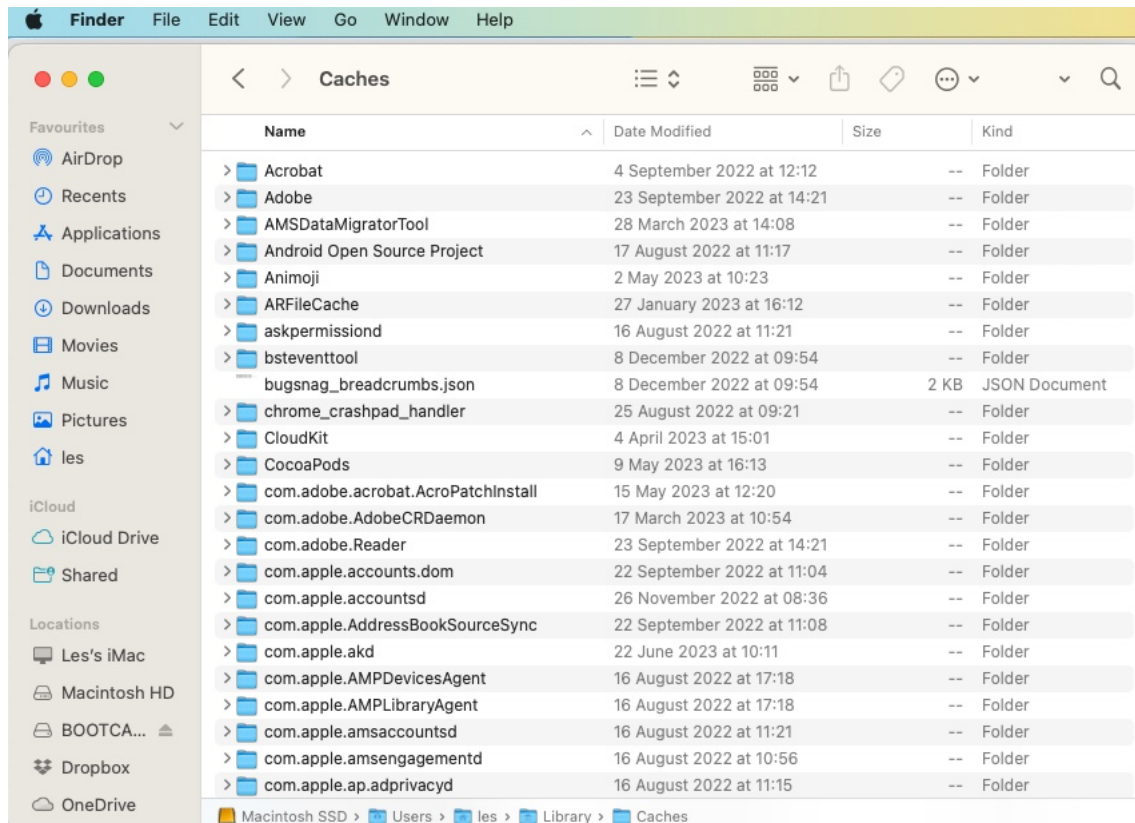
- 3) If you see yellow or red in the MEMORY PRESSURE box then you should clean your cache folders as follows (if it is green like mine then there is nothing to do).
- 4) Launch the Finder (the blue and white smiley face icon usually on the left hand edge of your dock)



5) Click on Go at the top and then on Go to Folder... and type: ~/Library/Caches



6) press return



- 7) Then click on Edit/Select All (the list/icons will all go blue)
- 8) Then click on File/Move to bin  
Don't worry about any that can't be deleted (if you get any messages to that effect)
- 9) Then go back to step 5) above and this time type: `/Library/Caches`  
You should see `~/Library/Caches` so all you need to do is delete the `~` and press return.
- 10) Repeat steps 6) – 8) (this time you probably will be told that some files can't be deleted but don't worry about that)
- 11) Empty your Bin
- 12) Go back to Activity Monitor and see if the memory pressure is now green. If it is then you are done, ELSE Restart your Mac and Open Activity Monitor again (steps 1 & 2 above) and you should now see that the memory pressure is green.