

Chalfonts U3A Newsletter No.60 March 2020 •

Monthly Meeting Diary Dates for 2020 at the Chalfont St Peter Community Centre (**Please Note** - All meetings start promptly at 2pm)

11 March Bobbie Darbyshire Author Bobbie will give a talk entitled "Where do novelists get their

ideas from"? She won the 2008 fiction prize at the National Academy of Writing and her latest book is called "The posthumous adventures

of Harry Whittaker".

8 April Professor David Brodie Author of "Treacherous Games" and

"Beggar on a bicycle", David will share a personal journey from the

early days of sports science to some recent advances in

cardiovascular health, including a range of research activities and their

practical outcomes.

13 May Deborah Brady Deborah was a photojournalist working in Fleet Street in the late 80s

and 90s covering many of the biggest stories and will give a talk

entitled "A Female in Fleet Street."

<u>Reminder</u> Please note that members should bring their current membership card to all meetings. Please also be considerate to other community centre users when parking. There is the public car park in Church Lane which is a few minutes' walk away.

Editor's Update_COVID-19 Coronavirus update Your Committee intends to hold its monthly meeting this Wednesday and will monitor Government advice to decide actions for subsequent meetings. Public Health have raised their risk assessment from low to moderate and in typical British fashion recommend keeping calm and carrying on. The main message is to protect ourselves They recommend that anyone feeling unwell should not attend large gatherings and that those with pre-existing conditions such as Cardiovascular Disease, Diabetes, Chronic Respiratory Disease, Hypertension and Cancer face a greater potential of serious outcomes than younger individuals in good health. So please be sensible re attending.

As you will see several new groups are starting up and our thanks go to the new convenors.

The U3A Thames Valley Network is running a Cyber-crime study day on 8 April from 11 till 4pm at King's Church Amersham so if interested in attending please download the application form from u3atvnetwork.org.uk. If you would like to receive information directly from TVN with details of study days and workshops please email events_info@u3atvnetwork.org.uk with your request to be put on the list

CU3A Membership Renewals 2020-2021

Thank you to everyone who has already renewed their membership for 2020-2021,this has been a great help with the administration. If you haven't yet renewed, you can do so from 1pm at the members' meeting on the **11 March** or at the **drop-in session on Tuesday 24 March 10am – 12 noon** in the Mary Smithells room in the Community Centre. Please remember that whatever payment method you choose we do need the membership form returned so we can validate the membership and then issue your new card.

Any questions please email membershipsecretary@chalfontsu3a.org.uk

Existing Groups

Computing In January 2020 Microsoft stopped support for Windows 7. The group has been looking at how to protect your computer if you are still using Windows 7. There is a link on the Chalfonts U3A website with recommendations for Windows 7 users.

Dining in with Friends. This is home run for three couples to dine together at a time within a rota. The format is for three couples to get together for a sociable evening. One of the couples will host and prepare the main course providing a welcome drink, biscuits for cheese and tea or coffee and the other couples bring either a starter or dessert with a bottle of wine and cheese This evening is for couples but if you would like to join with another likeminded person contact Sandra Bowles and Terri Weidner dininginwithfriends@chalfontsu3a.org.uk

<u>Garden Visits</u> The Garden Visits group has just published its programme of visits for 2020 The season will kick off with a trip to Savill Gardens ,followed by several private visits including St Michael's Convent gardens in Gerrards Cross, Waltham Place Gardens and then off to deepest Suffolk. A suburban garden in Pinner followed by Kiftsgate Court Gardens famous for Rosa filipes Kiftsgate in the Cotswolds. Then trips to West Sussex, Surrey and Oxfordshire. where we will visit a flower farm. At the end of the summer a private visit to see the house and dahlias at Chenies Manor . New members always welcome- contact <u>gardenvisits@chalfontsu3a.org.uk</u>

New Experiences We took part in four new experiences in February, a spooky ghost tour of Amersham where we heard about its gory past and the resulting ghosts. Unfortunately, or perhaps fortunately we didn't see any! Then to London to try three new experiences in one day. Firstly, in a simulated shooting bar with deer, wild boar and birds in our sights and results were mixed but everyone managed a few hits.

Then we were togged up in warm cloaks and gloves to drink cocktails in the Ice Bar out of glasses made of ice, while admiring the illuminated ice sculptures.

To end the day, we went on a silent disco adventure around the streets of Leicester Square, wearing headphones and copying our leaders dance moves. Passers-by were all laughing and joining in and everyone agreed it was the best fun in ages Please contact Angela Cranston for further details newexperiences@chalfontsu3a.org.uk

New Groups

<u>Bridge for Beginners</u> - The first meeting for this group will be on 10 March at 10am in the Community Centre. For further details please contact Bob Borwick <u>bridgeforbeginners@chalfontsu3a.org.uk</u>

<u>Dine & Lunch Out</u> - There will be an initial meeting of this group for lunch on Monday 16 March. If you are interested in joining please contact Sue Fisher <u>groupcoordinator2@chalfontsu3a.org.uk</u>

Family History 2 - The new family history group had its first meeting on 27 February and will be meeting on the 4th Thursday of the month. Contact the new convenor Sally Buckley familyhistory2@chalfontsu3a.org.uk

French Intermediate 3 - There are a few members interested in French Intermediate, so this new group will start soon. We are holding a short meeting after the monthly meeting on Wednesday 11 March to discuss when and where to meet etc. One of the current convenors of an existing group will be there to talk about their group. If you would like to join, contact Sue Fisher or come along to the meeting.

<u>History</u> After an Initial meeting of this group, it was decided to meet at the Community Centre 2-4pm on the 2nd Thursday of the month, starting on 9 April. The members will be researching and discussing various historic topics chosen by them. Thanks to Trish Hart for agreeing to convene the group and I'm sure the rest of the group will help and support her. If you are interested in joining the group please contact Trish history@chalfontsu3a.org.uk

Proposed New Groups

Rummikub 2 - A few people are interested in starting a new Rummikub group as the original one is full. Please contact Sue Fisher groupcoordinator2@chalfontsu3a.org.uk for more details.

<u>Walking Mixed Cricket</u> There have been several women who have contacted me re joining this group when it starts so hopefully once the weather warms up, we can get this off the ground. Any men interested? If your name is

Ben Stokes or Jonny Bairstow, we would be very happy to have you on our team! . No previous experience however is necessary! For more details contact Eileen Powell mixedwalkingcricket@chalfontsu3a.org.uk

As you can see from above, if a group is full, we try to start a new one. So, if you have tried to join a group and been told that it's full or you're on a waiting list, please contact the group coordinators, Sue Fisher or Nigel Trotman, and we will try to start a new group.

Chalfonts U3A Directory of Interest Groups and Convenors March 2020

Nigel Trotman – Groups Coordinator 1 groupcoordinator 1 @chalfontsu3a.org.uk Sue Fisher – Groups Coordinator 2 groupcoordinator 2 @chalfontsu3a.org.uk

If you would like to join a group or find out more, please contact the convenor by email

| INTEREST GROUP | CONVENOR | EMAIL |
|------------------------------------|-----------------------------------|-----------------------------------------|
| | | |
| Art Space | Sandie Webb | artpractical@chalfontsu3a.org.uk |
| Badminton | Chris Pearcy | badminton@chalfontsu3a.org.uk |
| Ballroom Dancing | Carolyn Edwards | ballroomdancing@chalfontsu3a.org.uk |
| Birdwatching | Tony Micallef | birdwatching@chalfontsu3a.org.uk |
| Book Club 1 | Jane Barker | bookclub1@chalfontsu3a.org.uk |
| Book Club 2 | Alyson Klein | bookclub2@chalfontsu3a.org.uk |
| Bridge for Beginners | Bob Borwick | bridgeforbeginners@chalfontsu3a.org.uk |
| Bridge | Geoff Glover | bridge@chalfontsu3a.org.uk |
| Chess | Tony Micallef | chess@chalfontsu3a.org.uk |
| Computing | Tony Darbyshire | computing@chalfontsu3a.org.uk |
| Coffee Mornings | Chris Coteman | coffeemornings@chalfontsu3a.org.uk |
| Cribbage | David Burbidge | cribbage@chalfontsu3a.org.uk |
| Creative Writing | Denise Beddows | creativewriting@chalfontsu3a.org.uk |
| Crochet | Jeanette Galletly | crochet@chafontsu3a.org.uk |
| Cryptic Crosswords | Bob Leven | crypticcrosswords@chalfontsu3a.org.uk |
| Current Affairs | Robert Coleman | currentaffairs@chalfontsu3a.org.uk |
| Cycling Longer Routes | Dave Duckworth | cyclinglongerroutes@chalfontsu3a.org.uk |
| Dining in with Friends | Sandra Bowles Terri Weidner | dininginwithfriends@chalfontsu3a.org.uk |
| Discovering Art | Bob Bell David Martin | discoveringart@chalfontsu3a.org.uk |
| Excursions/Outings | Tricia Reeve Val Smith | excursions@chalfontsu3a.org.uk |
| Family History | Jan Sawyer Marguerite Fletcher | familyhistory@chalfontsu3a.org.uk |
| Family History2 | Sally Buckley | familyhistory2@chalfontsu3a.org.uk |
| Flower Arranging | Angela Kemps | flowerarranging@chalfontsu3a.org.uk |
| French Conversation Beginners 1 | Marian Cooper | frenchbeginners@chalfontsu3a.org.uk |
| French Beginners Plus | Vince Barker | frenchbeginnersplus@chalfontsu3a.org.uk |
| French Conversation Intermediate 1 | Sandy Oldham | frenchconversation1@chalfontsu3a.org.uk |
| French Conversation Intermediate 2 | Ray Luker | frenchconversation2@chalfontsu3a.org.uk |
| French Conversation Advanced | Judy Cutter | frenchfluent@chalfontsu3a.org.uk |
| Garden Visits | Jane Barker | gardenvisits@chalfontsu3a.org.uk |

| | Jacqui Greenham | |
|---------------------------|----------------------------------|--------------------------------------------|
| German Conversation | Renate Danner | germanconversation@chalfontsu3a.org.uk |
| History | Trish Hart | history@chalfontsu3a.org.uk |
| iPad User Group | Phil McAvoy | ipad@chalfontsu3a.org.uk |
| Italian Beginners | Lesley Bedford | italianbeginners@chalfontsu3a.org |
| Italian Conversation | Barbara Lloyd | italianadvconversation@chalfontsu3a.org.uk |
| Advanced | | |
| Lawn Bowls | Pam Anderson Mike Alderton | lawnbowls@chalfontsu3a.org.uk |
| London Walks | Pam Anderson | londonwalks@chalfontsu3a.org.uk |
| Mah-jong | Sam Patel | mahjong@chalfontsu3a.org.uk |
| New Experiences | Angela Cranston | newexperiences@chalfontsu3a.org.uk |
| Old Time Musical Hall | Bob Leven | musichallsinging@chalfontsu3a.org.uk |
| Singing | | |
| Philosophy | Linda Hagreen | philosophy@chalfontsu3a.org.uk |
| Photography | Tony Darbyshire | photography@chalfontsu3a.org.uk |
| Pilates | April Morgan | pilates@chalfontsu3a.org.uk |
| Poetry & Literature | David Burbidge | poetry&literature@chalfontsu3a.org.uk |
| Quizzing | Margaret Turner | quizzing@chalfontsu3a.org.uk |
| Rummikub | Georgina Cane | rummikub@chalfontsu3a.org.uk |
| Scrabble | Anne Higson | scrabble@chalfontsu3a.org.uk |
| Scrabble2 | Brenda O'Gorman | scrabble2@chalfontsu3a.org.uk |
| Science & Technology | Cathy Williams | science@chalfontsu3a.org.uk |
| Singing for Pleasure | Brenda O'Gorman | singing4pleasure@chalfontsu3a.org.uk |
| Spanish Conversation | Stuart Hammond | spanishconversation@chalfontsu3a.org.uk |
| Spanish Beginners 1 | Ivor Spector | spanishbeginners1@chalfontsu3a.org.uk |
| Spanish Beginners 2 | Peter Shaw | spanishbeginners2@chalfontsu3a.org.uk |
| Spanish Improvers 1 | Margaret Burbidge | spanishimprovers1@chalfontsu3a.org.uk |
| Spanish Imrovers2 | Sue Medlock | spanishimprovers2@chalfontsu3a.org.uk |
| Sunday Group | Sue Fisher | sundaygroup@chalfontsu3a.org.uk |
| Table Tennis 1 | Sue White | tabletennis@chalfontsu3a.org.uk |
| Table Tennis 2 | Eileen Powell | tabletennis2@chalfontsu3a.org.uk |
| Table Tennis 3 | David Morgan | tabletennis3@chalfontsu3a.org.uk |
| Tai Chi Beginners Tai | Margaret Rutter | taichi@chalfontsu3a.org.uk |
| Chi Admin | Stella Ellis | |
| Textiles and Craft | Teri McAvoy | textiles@chalfontsu3a.org.uk |
| Theatre Visits | Sheila Tarrant Danny Robins | theatretrips@chalfontsu3a.org.uk |
| Walking 6 – 10 miles | Wendy Bretherick Marion Clegg | walking6-10miles@chalfontsu3a.org.uk |
| Walking less than 6 miles | Nigel Trotman David Cooper | walking2-6miles@chalfontsu3a.org.uk |
| Walking Strollers | Valerie Hadfield | strollers@chalfontsu3a.org.uk |
| Wine Appreciation | Grace Hunter | wineappreciation@chalfontsu3a.org.uk |
| Wine Appreciation 2 | David Hillis | wineappreciation2@chalfontsu3a.org.uk |
| Yoga | Geoff Clegg | yoga@chalfontsu3a.org.uk |

Chalfonts U3A Committee

| Chairman | Bob Borwick | chairman@chalfontsu3a.org.uk |
|---------------|-------------|----------------------------------|
| Vice Chairman | Mike Lawson | vicechairman@chalfontsu3a.org.uk |
| Secretary | Jane Barker | secretary@chalfontsu3a.org.uk |

| Treasurer | Peter Brady | treasurer@chalfontsu3a.org.uk |
|-------------------------------|----------------|------------------------------------------|
| Accessibility | Eileen Powell | accessibilityofficer@chalfontsu3a.org.uk |
| Beacon Administrator | John Hardwick | beaconadmin@chalfontsu3a.org.uk |
| Finance Officer | Chris White | financeofficer@chalfontsu3a.org.uk |
| Interest Group Co-ordinator 1 | Nigel Trotman | groupcoordinator1@chalfontsu3a.org.uk |
| Interest Group Co-ordinator 2 | Sue Fisher | groupcoordinator2@chalfontsu3a.org.uk |
| Membership Secretary | Val Smith | membershipsecretary@chalfontsu3a.org.uk |
| Newsletter | Eileen Powell | newsletters@chalfontsu3a.org.uk |
| Publicity | Eileen Powell | publicity@chalfontsu3a.org.uk |
| Speaker | David Morgan | speakercoordinator@chalfontsu3a.org.uk |
| Venue Co-ordinator | David Burbidge | venuecoordinator@chalfontsu3a.org.uk |
| Webmaster | Gary Tomlin | webmaster@chalfontsu3a.org.uk |

Chalfonts U3A general enquiries Chalfonts U3A suggestion box Chalfonts U3A website

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U3A National website Thames Valley Network website www.u3a.org.uk www.u3atvnetwork.org.uk

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