# Chalfonts U3A Newsletter No. 3 May 2015



#### **APRIL MEETING**

Almost 200 members enjoyed Alan Copeland's humorous and informative talk on 8<sup>th</sup> April. We shall all have our eyes open looking out for more 'oddities' such as the Blue Plaque where some dignitary 'never lived here'. Alan spoke clearly and the pictures gave us another look at familiar locations within the Chiltern and Thames Valley area, not to mention the wonderful sound effects. Many of you will have seen the photograph and write-up in the Bucks Advertiser of 23<sup>rd</sup> April where Alan is seen with committee members.

**Website – Very Good News –** Our own website is now active – www.**Chalfonts-u3a.** – thanks to Tony Darbyshire. This gives members ready access to all the latest information about our groups and activities which will be updated on a regular basis.

#### **N**EWSLETTER

Members are invited to contribute to the Newsletter with comments, items of interest, special birthdays, suggestions for activities etc. Please send them to: <a href="mailto:newschalfontsu3a@btinternet.com">newschalfontsu3a@btinternet.com</a>

### **N**EWS FROM THE **G**ROUPS

**Computer Group:** Feedback of first meeting very positive. Main topic a talk by Richard Fenton about the Ipad. Next meeting Monday 18th May (2pm at Community Library). Main topic a demonstration of using Excel. Still spaces in this group - new members are very welcome to join us.

**Discussion Group:** Room for more members. The next meeting will be on Wednesday 20th May: subject for discussion **GM FOODS – good or bad?** Group meets informally once a month in members' homes to discuss topical subjects – not politics or religion. Contact Tricia Reeve.

**Family History:** Tuesday group - we are an enthusiastic group of some newcomers, and some experienced members. Thursday group also had a good turnout. Both groups are up and running with much enthusiasm from all.

**History Group**. Owing to small number of members present it was decided to postpone the next meeting until after the summer and reconvene at the end of September. Meeting ended with short talk by Peter Degen, on the life of Richard III who was recently reburied in Leicester Cathedral 530 years after his death.

**Nordic Walking:** We would like to get this new group off the ground. We have a teacher who is willing to run a 4 week course which could be followed by an ongoing group if there is enough interest. The teaching will be free but there will be a small charge of £2 for the pole hire. Sign up after the meeting on 13<sup>th</sup> May or email: groupscoord1@chalfonts-u3a.org.uk to register your interest.

**Scrabble:** Group is up and running with 10 members. Successful inaugural meeting was held on 22<sup>nd</sup> April. Future meetings on 3rd Wednesday of month.

**Table Tennis:** We are having a bit of trouble finding the correct venue which has enough tables. It is possible there may be a vacancy at the Leisure Centre at the end of May. We will keep you posted.

**Tai Chi for Beginners:** We normally meet in the Tony Graham Hall on the 2nd and 4th Monday of month from 12-1.00pm. All welcome - including gentlemen. No special equipment required for Tai Chi. Comfortable clothing and soft flat shoes are suitable. Please note there will be no Tai Chi on 25th May. **Walking group up to 6 miles:** We have now run two walks, one through Burnham Beeches and the second at Sarratt, both 4 miles and at an easy pace. We enjoyed refreshments after both walks, at the woodland cafe at Burnham and a pub lunch after the Sarratt walk. Our next walk will be on Thursday 14<sup>th</sup> May from Great Missenden.

**Wine Appreciation:** First meeting was held on 6<sup>th</sup> May at the Community Centre. Since the group is small future meetings will be held in member's homes. The next meeting is on Wednesday 3<sup>rd</sup> June at 7:30pm. New members welcome. Contact the convenor, Grace Hunter for more details.

## **DIARY DATES**

**Speakers**: 10 June 2015 Tony Maisey Retired doctor shares his amusing experiences

**8 July 2015** Hugh Granger *The art of deception in WW2* **12 August** *Isambard Kingdom Brunel* 

**Interest Groups in progress:** The following groups are in the process of being set up:

Bowls ????
Nordic Walking

Italian – 6 people interested
Table Tennis – looking for a venue

London Walks – 69 people interested

## **Interest Groups Needing Convenors:**

Dancing – 15 people interested • Yoga – Teacher needed

Local History – 26 people interested

Music – 41 people interested

Pilates – 50 people. Teacher needed

For general information on interest groups please contact

groupscoord1@chalfonts-u3a.org.uk



Please remember to bring your membership card to every monthly meeting and all interest groups.