

Chalfonts U3A Newsletter No. 20 ● November 2016

DIARY DATES FOR 2016/2017 - (PLEASE NOTE - All meetings start promptly at 2pm)

9 November Alan Copeland will give a presentation on Pubs and the

way pub sign writers introduce their sense

of humour into their work

14 December Sue Benwell who will be speaking on the

Life of Sir Norman Wisdom

<u>and</u>

The Singing for Pleasure group will be entertaining us all with some carols followed by refreshments

11 January 2017 David Keen will speak about the Dambusters Raid

(our speaker and guide at RAF Hendon)

THIRD AGE MATTERS AND SOURCES

Just a reminder that by the end of November you should all receive the next edition of our national magazine *Third Age Matters*. This is published five times a year and *Sources*, the education magazine that focuses on a different subject each time, is published three times a year. Only one copy is sent to each address so please share it between members in the house.

CONVENOR MEETING

There will be a meeting for all interest group convenors, helpers and administrators at 3:30 pm in the Mary Smithells Room on Wednesday 9th November after the monthly meeting. If you are involved in the running of a group, or think you might like to do so in the future, please do come along to share how your group is progressing and to hear how others are doing.

MUSIC HALL SINGING GROUP

Bob Leven and his Music Hall Group recently sang for two half-hour sessions to a hall full of mobility challenged Age Concern clients who had been bussed in to GX Memorial Centre. There were nine up on the stage in period costume (see photo on website) and it all went down very well. The Age Concern lady supervisors were also very appreciative. On behalf of the Chalfonts U3A we have expressed our thanks to the group for this service in our community which engenders a great deal of goodwill. Our Singing for Pleasure Group have also performed in local Old People's Homes.

EXISTING GROUPS

Home Bridge – The Home Bridge group is a small group of seven members who usually meet at homes in the Denham area. The group are currently all single people and would welcome the addition of a few similar members to the group. If you are interested in joining the group please contact Anna Maitland. Would anyone else be interested in playing in a further group in the Chalfonts area? If so, please contact Geoff Glover vicechairman@chalfontsu3a.org.uk

Theatre Visits - Members will receive details in the next few weeks in respect of our plans for theatre outings for 2017. Our November trips include a visit to the Globe Theatre and our Christmas outing is to Kinky Boots, followed by a meal. If you would like to become a member of the theatre group or put forward suggestions for theatre outings, please email: theatretrips@chalfontsu3a.org.uk.

Excursions Wednesday 7 December - Christmas at Waddesdon with High Tea

This trip is now full. If you wish your name to be added to the waiting list please

Email: excursions&outings@chalfontsu3a.org.uk

Monday 20 March 2017 - Brooklands Museum - Details will be announced later

RUG – Thanks to those of you who put your names down for our "Really Useful Group" last month. The committee really appreciates your help. If you haven't yet volunteered, you can still do so by contacting Helen Whitlum on groupcoordinator2@chalfontsu3a.org.uk. Just to remind you – **RUG** is a list of members who are willing to help the committee organise events such as the AGM, stands at the CSP and CSG shows, socials and generally assisting such as putting out chairs at meetings and tidying up after events. There is a particular need for someone who could take responsibility for setting up the audio/visual equipment and dismantling after meetings – perhaps two people could take this on between them. We look forward to hearing from you!

Yoga – Our Yoga group started in May of this year and we have a group of committed members who enjoy non-competitive sessions. The group meets weekly on Tuesday mornings from 11:00 to 12:15 in the Tony Graham Room at the CSP Community Centre. The group would welcome new members so why not give it a try? No previous experience is necessary. A set of six sessions cost £25 as the group uses a professionally qualified teacher. An extra £1 per session is paid each attended class to the U3A. Please contact Jane Earle or Pat Lloyd if you would like to learn more or set up a trial session.

NEW GROUPS

Military History - David Sibbald, convenor for the Military History group information, would welcome hearing from anyone else who would like to join or learn more about it

German - Können Sie ein bisschen Deutsch? Would you like to speak more? We have thriving French, Italian and Spanish groups - is there any interest in forming a German conversation group? If so please email vicechairman@chalfontsu3a.org.uk

Bus Pass Adventures – One of the benefits of being older is that you can get a bus pass! We thought it might be a nice idea to set up a group for members who would like to make full use of their bus passes and have some adventures using them! This could be anything from a day visit to somewhere interesting like St Albans or something more exotic. It's up to you! Please contact Nigel Trotman on groupcoordinator1@chalfontsu3a.org.uk.if you are up for a big adventure!.

Dine With Friends – There has been a bit of a delay in getting this group off the ground. Many thanks to Stephen Sharples for having the initial idea and getting a group together. Unfortunately, Stephen has now decided to stand down due to other commitments but luckily one of the group members has offered to take his place as convenor. We are very grateful to Lynda Scott-Priestly for stepping forward. We already have quite a few people interested so it looks like being a popular group and a lovely, sociable activity. Please contact Lynda if you would like to join or help with the fledgling group.

MOTO (Members on Their Own) – We already have a very successful Sunday social group up and running but would you like to see a separate group specifically for members who are on their own? If you are interested, then please contact Helen Whitlum on groupcoordinator2@chalfontsu3a.org.uk. Helen will be very pleased to hear from you, especially if you might consider helping to get the group up and running!

Personal Finance and Investment (proposed new group) - Personal finance is an ever changing scene these days particularly for the retired or semi-retired. Would members interested in joining a group to discuss any aspect of the subject which interests them, inviting specialist speakers etc, please get in touch with Geoff Whaley who has offered to convene such a group. This would essentially be a discussion group and its scope would not extend to advice on financial matters.

Skills Exchange Group – Do you have a skill that you would like to exchange for another skill? An example might be exchanging computer help for gardening. If you are interested in putting your name on a register of skills then please contact Helen Whitlum on groupcoordinator2@chalfontsu3a.org.uk.

Sunday Lunch Group – Would you like to enjoy a regular Sunday lunch at a variety of local restaurants in the company of U3A friends? If the answer is "yes", then please contact Sue Fisher. Sue has very kindly agreed to help set this new group up for us. There will be a short meeting in the main hall at 3:15 on 9 November (after the monthly meeting) for those who are interested in joining the new group.

This newsletter is also available in large print if needed. Please allow two days' notice. Contact Val Smith: contactus@chalfontsu3a.org.uk

MEMBERS PLEASE NOTE NEW EMAIL ADDRESSES BELOW:

contactus@chalfontsu3a.org.uk

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Chalfonts U3A Website: http://chalfontsu3a.org.uk

National Website: www.u3a,org.uk