

## EDITORS UPDATE



### Welcome to the June edition

Welcome and I hope you are enjoying the glorious weather and basking in the sunshine! Well no surprises, Boris has hit the pause button on our hopes to return to more normality in our lives and we now wait for 19 July.

### Chalfonts u3a Annual General Meeting

This will take place on Wednesday 21 July at 2pm via Zoom .

Details have been sent to members and you are encouraged to put the date in your diary so that you can take part in the meeting.

Hot off the press in the latest edition of Third Age Matters is an article on page 25 from one of our members Dennis Hotten who has just completed a 26 mile walk around London as part of the Alzheimer's Society Trek 26 fundraising event and raised an amazing £6000!! We take our hats and walking boots off to you Dennis, a great effort!

## Cu3a Facebook Group



We now have 124 members keeping us posted on events in their daily lives, giving suggestions for us to consider eg: cultural activities of which there are many being streamed on YouTube and information about our monthly talks and updates from TVN and National U3a are available to browse plus the monthly newsletter. There is a link on the Website's home page to the following page:

<https://chalfontsu3a.org.uk/cu3a-facebook-group/> There you will find a link to the PDF with instructions on how to join Facebook and the CU3A group. Gary Tomlin our webmaster can help where there are any questions or issues you may be having in creating a Facebook account or joining the group. He has also set up an email address

[facebook@chalfontsu3a.org.uk](mailto:facebook@chalfontsu3a.org.uk)

## Computer Issue?

If you are having problems with your computer you can email [support@chalfontsu3a.org.uk](mailto:support@chalfontsu3a.org.uk) and we will try and assist you via email. You can also post your questions on the Chalfonts u3a Facebook page.



## Monthly Meetings

**July meeting** Geoff Clegg speaker coordinator is presenting us with a bit of a teaser for next month's talk on Wednesday 14 July at 2pm.



### Give us a clue!

Our July speaker will talk to us about a pair of people, who worked together with great success, but didn't really like each other. They showed off their work in the first public building in the world to be lit entirely by electricity.

No more clues now – you'll have to wait for the grand reveal by our speaker on 14 July! If you have suggestions of a speaker who would be of interest to our members, then please let me know at [speakercoordinator@chalfontsu3a.org.uk](mailto:speakercoordinator@chalfontsu3a.org.uk)

On 9 June, our monthly speaker featured Paul Robbins presenting “**Great British eccentrics**” It was great to look back on characters throughout history that threw conventions out of the window! For example there was a hilarious clip of Spike Milligan insulting Prince Charles! We recorded the talk, and it will be available on our website for one month only. Go to the chalfontsu3a members page to access.

## Garden visits group

On 26 May the group had its first outing of 2021 to a private garden in Wendover. It was so lovely to see each other in person and we were shown round the beautiful garden by the owner. Although the sun didn't shine, we managed to stay dry and enjoy our visit. On 8 June we met up at Stonor Park and later in the month we are having a private visit complete with fizz to The Plant Specialist in Great Missenden.

This year all our visits will be to local gardens as we have decided not to have any coach trips for the moment.

For more information email [gardenvisits@chalfontsu3a.org.uk](mailto:gardenvisits@chalfontsu3a.org.uk)





## Thames Valley Network

Thames Valley Network continue to present some excellent talks for us to access and this month is no exception.

Go to [events\\_info@u3atvnetwork.org.uk](mailto:events_info@u3atvnetwork.org.uk) Sign up quickly as they are very popular.

### Singing4Pleasure Group



Brenda O’Gorman is updating us regarding the choir. As our pianist has returned to Canada and I am finding it difficult to get a replacement, I have asked the Choir Master at St Josephs to put the music on discs so that when the time is right we can rehearse the songs .It is not ideal but it will enable us to stay together until we find someone willing to accompany us. When he has the discs ready I would like if we could meet to rehearse. If anyone is willing to help out here please contact Brenda O’Gorman at [singing4pleasure@chalfontsu3a.org.uk](mailto:singing4pleasure@chalfontsu3a.org.uk)

### Tai Chi – An update from John Bradley

Before their demise Chiltern District Council funded and started the construction of a completely new community centre at Amersham. This is due to be available for u3a activities from sometime in September 2021. The snag has now arisen that during the last three months of 2021 the contractors will be demolishing the old community centre and therefore the number of cars will be very heavily restricted in the adjacent car park. On that basis normal face to face of Chiltern u3a activities would not be able to take place due to this restriction. However work is being undertaken on ‘hybrid’ meetings which would enable us to start having limited face to face activity simultaneously with a zoom output. So clearly we have a number of different possibilities for continuing Taichi however at present time these avenues have to be fully explored and tested.



I am optimistic given a chance meeting and the response I have from the Chairman of Chiltern u3a that wherever possible the sharing between Chiltern and Chalfonts u3a should continue on the basis that Chiltern members would be given priority. I hope this gives an optimistic view of the way forward.



## CU3A Yoga classes have restarted!

Our classes have resumed after lockdown, and it's great to get back to our "socially distanced" classes. We are holding them at the Community Centre at 12:30 and 14:00 Fridays, and 11:00 Tuesday. Beginners welcome!

Let me know if you'd like to try a class [yoga@chalfontsu3a.org.uk](mailto:yoga@chalfontsu3a.org.uk)

## Members Musings



### From Linda Liston



As a treat for my birthday my husband and I drove up to London and went to Kensington Gardens, (next to the Albert Memorial/opposite the Royal Albert Hall) to visit Van Gogh Alive, described as a multisensory experience. Do not be put off. When we walked in and saw people sitting on the floor I panicked but the steward offered us chairs which she carried to a perfect position. I then forgot the time for an hour or so. This was the first time I felt I really saw Van Gogh as

more than sunflowers. So much I didn't know explained by large panels with a brief explanation of where he was/when at that period. Paintings blown up in huge panels all around me so you can see the change in technique, explore the huge variety and colour palette.

The experience was topped off with a light lunch on the glass roofed patio looking at the Albert Memorial followed by a delightful walk in the gardens. Tickets must be booked in advance. If the train is not an option you are comfortable with then be like us and drive up using the A40 (to avoid the congestion charge) and find on-street parking but there are car parks just NOT in the park.

Leave plenty of time as the traffic is horrendous - probably others not wanting to train just yet.