

To all members of Chalfonts u3a

Good afternoon everyone

The sun is flooding in through the windows today which is always uplifting, but especially in November.

This month's newsletter is not attached to this email as normal but is all contained within the email. The next 'proper' edition will be published in December but there were a few things that couldn't wait that long.

So until normal service is resumed in a few weeks here's what you need to know.

Best wishes

Val Darbyshire
Newsletter Editor

NEW MEMBERS COFFEE MORNING

November 22nd is the date for the next New Members Coffee Morning from 10-11 at Gerrards Cross Community Association on East Common SL9 7AD and the centre has plenty of parking. The cafe is located through the main door. Meet other new members and find out more about our u3a.

Contact Eileen Powell if you can come on newmemberscoffeemorning@chalfontsu3a.org.uk

SINGING FOR PLEASURE GROUP

I'm delighted to report that the Singing for Pleasure choir has managed to find a new pianist, and is busy arranging their Christmas concerts.

New members will be welcomed. Contact the group convenor, Brenda O'Gorman, on singing4pleasure@chalfontsu3a.org.uk

Dates for your diary

Chalfonts U3A Monthly meetings:

8 November 2023 at 2pm – How we remember and why we forget

This talk will not be available on Zoom – remember to join us in person!

Dr Jim Ellis will give us a fascinating talk about our memory: how it adapts, and the effects of ageing:

- How does our brain make sense of new things?
- Do we all do this in the same way?
- Where did you leave your glasses?

13 December 2023 at 2pm – A touch of magic – Mind reading and Mentalism

Steve Wilkinson is a magician who can read, and influence people's minds! Steve will perform an effect on all of us, and then progress to different Mind Reading and Mentalism concepts with members of the audience.

Join us all for a glass of mulled wine and a mince pie!

10 January 2024 at 2pm – What is your pet trying to tell you?

Lucy Lofting will talk to us about the psychology that goes on between our pets and us: how they communicate with us, and show their feelings towards us. How we can improve our connection with them?

All Monthly Meetings are held at CSP Community Centre, Gravel Hill, Chalfont St Peter, SL9 9QX

Thames Valley Network U3A Zoom events:

As well as our own monthly meeting talks, Thames Valley Network also put on talks – generally over Zoom. Details are on their website <http://u3atvnetwork.org.uk/>

Here's their current program:

Wednesday 15th November – Abba. A presentation from Clive Aronson at 10:30

Thursday 30th November- “My Falklands War”. A talk by Dr. Chris Parry at 2.30pm

Monday 15th January – Genetics of Ancient Populations in Britain. A talk by Dr. Tom Booth at 2.30pm