

Welcome to the June Newsletter.

With the rain holding off (mostly), Chalfont St Peter is beginning to return to normal. Let's hope for a really good summer.



As you will see below, we are bringing back the membership cards, and a benefit of this is that the cards will have a space for you to add emergency contact details on the back. Cards will be distributed at events over the summer by our convenors.

David Powell, [newsletters@chalfontsu3a.org.uk](mailto:newsletters@chalfontsu3a.org.uk)

## Committee News

### STOP PRESS – MEMBERSHIP CARDS !

We have decided to re-introduce membership cards for all Chalfonts u3a members. Each membership card will remain valid as long as you are a member of u3a so please look after them. One of the main reasons for the membership card is so you can add emergency contact details. We hope it doesn't happen, but it would be good to know who to contact if there is an accident or you are taken seriously ill whilst on one of our events. ( A bit of extra protection for you ). We recommend that you keep your card with you in your wallet/purse/phone along with your money/payments cards. You may be asked to produce your membership card when you attend meetings to verify you are a Chalfonts u3a member.

### Getting your card

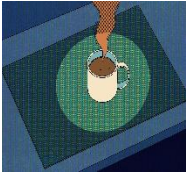
We are aiming to distribute the cards over the Summer via our convenors, at monthly members meetings, and via trips you are attending. As you can imagine it is too expensive to post them !

### \*SAVE THE DATE\*

Our **Annual General Meeting** this year will take place on Wednesday 10th July at 2pm at Chalfont St Peter Community Centre. Please support your Committee (Trustees) by coming along to this important meeting.

You will get to hear what your Committee has been up to over the last year and will be able to elect the Committee members for 2024/25. There are a number of new Trustees required this year. After the AGM there will be refreshments and the monthly meeting (see page 2).

## New Members Coffee Mornings



The latest meeting for 'New Members Afternoon Cuppa' at GXCA was held on 20th May. Thanks to Debbie Tomlin for helping out.

The date of the next meeting will be for a "New Members Afternoon Cuppa" on Monday 10th June 2.30-3.30 at Gerrards Cross Community Association on East Common SL9 7AD in the cafe where there is plenty of parking. I would appreciate being notified of attendance. Also any newish members who haven't been able to attend previous meetings please contact Eileen Powell Vice Chair [newmemberscoffeemorning@chalfontsu3a.org.uk](mailto:newmemberscoffeemorning@chalfontsu3a.org.uk)

## A reminder, just in case..

All members are reminded that they should carry with them their emergency contact details, either on their phone or on a piece of paper in their bag/pocket. In the near future we will be issuing membership cards with a space for these details on the back.

## Chalfonts U3A Monthly meetings:



### **12 June 2024 at 2pm – Thames Valley Air Ambulance**

Debbie Walters will talk to us about the work of our local Air Ambulance – how they are helping to save lives in emergency situations. A look at their crews, the helicopter and critical care response teams.

### **10 July 2024 at 2.30pm (after the AGM) – Estate Planning**

Lucy Goldsman is from Co-op Legal Services. She will talk to us about Estate Planning matters, such as Wills, Power of Attorneys, Inheritance Tax and Trust Wills. She's promised that it'll be informative, with no "hard sell", so a good time to get answers to our questions about this important topic!

### **14 August 2024 at 2pm – Guide Dogs - Make Every Day Count**

We will be joined by Marilyn Fisher, Jeanne and the lovely service dog Breck. Marilyn will discuss how they breed, train and partner their dogs, and the positive impact these guide dogs have on their owners.

*All Monthly Meetings are held at CSP Community Centre, Gravel Hill, Chalfont St Peter, SL9 9QX*

## News from our Interest Groups

### Mixed Walking Cricket



We recently celebrated 2 years since the group started and here are a couple of pics. We have been invited to play in an 8 a side mixed walking cricket tournament at Holyport on July 3rd along with 3 other teams so hopefully enough people will be around to take part in what should be a fun social get together as well as an enjoyable day showing off our cricket skills. Please get in touch if you would like to join our group which

meets at Chalfont St Peter Cricket Club on Tuesday mornings from 10-11.

We are also going to be part of The Fringe Event for The Feast Day and a small number of us will be demonstrating walking cricket on Gold Hill Common on Tuesday 25th June at 5pm so please come along and join in.



Eileen Powell [Mixedwalkingcricket@chalfontsu3a.org.uk](mailto:Mixedwalkingcricket@chalfontsu3a.org.uk)

### Cake Decorating Group



The Cake Decorating Group made a lovely selection of chocolate dipped strawberries in May.

Our next session is on Tuesday July 9<sup>th</sup>, if this is something that interests you then please contact

Jane Douglas [cakedecorating@chalfontsu3a.org.uk](mailto:cakedecorating@chalfontsu3a.org.uk)

### New Experiences Group



Our New Experiences Group enjoyed a fun morning learning to line dance with u3a member Heather Glasgow at Chalfont St. Peter Community Centre. Heather runs a class for all levels on Wednesday morning at the Centre.



The New Experiences Group also had a go at field archery in May . They shot at targets in the woods and some of the arrows actually hit the targets!

Thankfully the weather was very kind to them, it was a beautiful sunny day.

Everyone had a great time.

[newexperiences@chalfontu3a.org.uk](mailto:newexperiences@chalfontu3a.org.uk).

## **Pickleball2**

Our new PB2 group is well underway, playing every Tuesday between 11-12 at the Chalfont Leisure Centre.

We are very grateful to Sona Metcalfe and Kathy Campbell from PB1 who were on hand for the first couple of sessions helping with game play, scoring and etiquette of the game.

PB2 has this Tuesday slot until the end of August and hopefully this will continue into the autumn.

If you wish to come along for a taster session, please contact Diane Eaton

at [pickleball2@chalfontsu3a.org.uk](mailto:pickleball2@chalfontsu3a.org.uk)

## **Zumba Gold**

We have space in our Zumba Gold group on Tuesday mornings 10.30 - 11.30 at Chalfont St. Peter community Centre.

If you are interested please email Sharon or Jane - [zumbagold@chalfontsu3a.org.uk](mailto:zumbagold@chalfontsu3a.org.uk).

## **Theatre Group**

This month 64 members went to see Calendar Girls at the Mill at Sonning. Having a meal before the show was the usual success and the show was fun - though perhaps enjoyed more by the ladies in our group!

Due to bridge restrictions and heavy traffic the journey there took longer than expected but we all had time to enjoy our dinner without being too rushed.

Next month we are off to see Stranger Things and with great reviews it should be a good evening. Thank you all again for supporting this group so that we can continue to offer exciting new shows for everyone to enjoy.

Angela Windsor and Howard Dawson - joint convenors [theatretrips@chalfontsu3a.org.uk](mailto:theatretrips@chalfontsu3a.org.uk)

## Garden Visits



We managed to find a dry day for our visit to Wrest Park and Kathy Brown's garden near Bedford.

A really beautiful garden with much of interest and a number of artist themed garden "rooms".



We were shown round by the very hospitable owners who then provided us with tea and home-made cakes in an idyllic setting.

Sadly our planned visit to the John Bunyan boat on the Great River Ouse had to be cancelled as the river was not safe! But Wrest Park was a good last minute substitute.

We plan to repeat the trip in September as it was so popular.

Jane Barker

## Excursions



Our trip to Cambridge in May was another successful day out.

Despite arriving late we managed to have a wonderful tour led by four informative guides. We learnt about the history of the colleges and some of the other historic buildings and ended up in Kings College Chapel.

I think we would have all been quite happy to carry on for much longer. Fortunately, the rain forecast did not start until we were all getting well deserved refreshments.

The first of the Heritage Canal Trip's has taken place Those who went enjoyed themselves, and learnt a lot about canal history. The second trip is at present fully booked.



The trip on **17 June** to **Chatham Dockyard** with Ropery and Call the Midwife Tours is again fully booked. We do have a waiting list for this outing.



The next excursion is a private visit to **Stratfield Saye** on **Tuesday 23 July**. This was the home of the Duke of Wellington. It will include refreshments, lunch and a guided tour. You will also get the chance to purchase some local produce at the Farm Shop.

If you are not a member of the excursions group and would like to join, please email [excursions@chalfontsu3a.org.uk](mailto:excursions@chalfontsu3a.org.uk) and we will add your name to the list.

## Italian Beginners Group

There is now a new Italian Beginners group meeting at 2:15pm on Tuesday afternoons at the CSP Community Centre.

We still have room for a few more people and we have had only 4 sessions so far so there is not too much to catch up on.

For more information and/or if you would like to join then please contact us by email: [italianbeginners@chalfontsu3a.org.uk](mailto:italianbeginners@chalfontsu3a.org.uk)

## Italian Beginners Plus Group

A small group of Italian beginners Plus group took a trip to SICILYFEST at The London Business Design Centre in Islington recently to celebrate all things Italian!



It was essential that food or drink were sampled and a selection of coffee, wine, pizza and pasta were enjoyed!

Here is a picture of Lesley Bedford (convenor), Eileen Powell and Lyn Tatnell.



Meanwhile, back at home, whilst our convenor Lesley Bedford was away it was all getting a bit tiring for the rest of our Italian class.

## Care Home Visits

Do you have an elderly relative in a Care Home? If so please let me know and I will try to arrange for my Old Time Music Hall Singing Group to visit and give a show.

Bob Leven, Convenor. [bobt@halifax99.plus.com](mailto:bobt@halifax99.plus.com)

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## Chalfonts Feast Day 29th June 2024

We are having a stall promoting our U3A, showing what we can offer and we need volunteers to help. We set-up at 9am and dismantle at 6 pm and need helpers for these times

In addition, if convenors could offer some time during opening hours it should be very beneficial to your group, as there are a few thousand visitors each year (especially those looking for new members).

If any group has any samples, posters or anything else that can promote us, we would love to hear from you.

Lesley Bedford and John Krushner [groupcoordinator@chalfontsu3a.org.uk](mailto:groupcoordinator@chalfontsu3a.org.uk), [projects@chalfontsu3a.org.uk](mailto:projects@chalfontsu3a.org.uk)

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## Regional u3a Zoom events:

Details at <http://u3atvnetwork.org.uk/>

### Monday 10th June at 2.30pm – The Korean War

Dr Chris Parry will outline the geo-strategic background to the Korean War (1950 - 1953), the reasons for British involvement and the scale of the British military contribution. He will review the lessons from the war and the difficulties of operating as a junior partner in a US-led coalition.

He will also describe how the war was reported in Britain, the effects of the intervention on political attitudes and its influence on subsequent events. In doing so, he will show how echoes from the war persist right up to the present day and into the future.

The cost for the talk is £ 2 per device. Please book electronically by clicking on the TICKETSOURCE icon immediately below the event on [www.u3atvnetwork.org.uk](http://www.u3atvnetwork.org.uk).

Closing date for applications is Friday 7th June

### Friday 21st June – Summer Quiz at 2.30

Questions will be set by Avis Furness. Teams will be randomly selected. This event is free of charge. Please book electronically by clicking on the TICKETSOURCE icon immediately below the event on [www.u3atvnetwork.org.uk](http://www.u3atvnetwork.org.uk)

### Wednesday 10th July – They also serve at 10.30

A talk from Richard Marks about the role of women in the Second World War.

To receive notification of forthcoming TVN events as soon as they are published, please email [events\\_info@u3atvnetwork.org.uk](mailto:events_info@u3atvnetwork.org.uk)

### Did you know?

As well as the 70 Interest groups that we have in our own Chalfonts u3a, there are many more that are available to us online?

Interest Groups Online (abbreviated as IGO) is an online u3a community that gives you the opportunity to join groups, talks and courses from the comfort of your home.

The activities are run by members and are a great way to meet people from all across the u3a movement.

It costs £12 annually to join, and there's 140 groups to choose from!

Details: <https://www.u3a.org.uk/learning/interest-groups-online/interest-groups-online-groups>



## Riviera Travel Holidays

Riviera Holidays - Provider of holidays including cruises and signature tours. Unbeatable value for money & honest pricing, backed by price match guarantee. Which recommended.

Book with Riviera Travel, tell them that you belong to Chalfonts u3a and your u3a will receive a payment from Riviera which helps support our activities.

See the advertisement in Third Age Matters magazine for further details. [www.rivieratravel.co.uk](http://www.rivieratravel.co.uk)



### **Chalfonts U3A Directory of Interest Groups**

For general enquiries about interest groups please contact Lesley Bedford – Interest Groups Co-ordinator - [groupcoordinator@chalfontsu3a.org.uk](mailto:groupcoordinator@chalfontsu3a.org.uk) Telephone: 07970 848617

Or, if you know which group/s you wish to join please contact the convenor direct. You can find a list of all our Interest Groups on the next pages or here:

<https://chalfontsu3a.org.uk/interest-groups/>

#### **\*\*\*\* Special note for members without email \*\*\*\***

If you have queries about any of the interest groups, please contact Eileen Powell, Vice Chair, on 07791 210087 who will be pleased to help you.



# Chalfonts U3A Directory of Interest Groups

For general enquires about interest groups please contact  
**Lesley Bedford – Groups Coordinator - [groupcoordinator@chalfontsu3a.org.uk](mailto:groupcoordinator@chalfontsu3a.org.uk)**  
**Telephone: 07970 848617**

Or, if you know which group/s you wish to join please contact the convenor direct

INTEREST GROUP	CONVENOR	EMAIL
Badminton	Chris Percy	badminton@chalfontsu3a.org.uk
Ballroom Dancing	Laura Fordrey	ballroomdancing@chalfontsu3a.org.uk
Birdwatching	Tony Micallef	birdwatching@chalfontsu3a.org.uk
Book Club 1	Carol Lyons	bookclub1@chalfontsu3a.org.uk
Book Club 2	Marsha Partridge	bookclub2@chalfontsu3a.org.uk
Book Club 3	Marsha Partridge	<a href="mailto:bookclub3@chalfontsu3a.org.uk">bookclub3@chalfontsu3a.org.uk</a>
Bridge for Beginners	Awaiting convenor	bridgeforbeginners@chalfontsu3a.org.uk
Bridge	Sue Fisher	bridge@chalfontsu3a.org.uk
Cake Decorating	Jane Douglas	cakedecorating@chalfontsu3a.org.uk
Chess	Tony Micallef	chess@chalfontsu3a.org.uk
Computing	Gary Tomlin	computing@chalfontsu3a.org.uk
Coffee Mornings	Chris Coteman	coffeemornings@chalfontsu3a.org.uk
Cribbage	David Burbidge	cribbage@chalfontsu3a.org.uk
Cricket- Mixed Walking	Eileen Powell	mixedwalkingcricket@chalfontsu3a.org.uk
Creative Writing	David Brodie	creativewriting@chalfontsu3a.org.uk
Crochet	Jeanette Galletly	crochet@chalfontsu3a.org.uk
Cryptic Crosswords	Bob Leven	crypticcrosswords@chalfontsu3a.org.uk
Cryptic Crosswords Too	Val Darbyshire	crypticcrosswordstoo@chalfontsu3a.org.uk
Current Affairs	Val Hadfield	currentaffairs@chalfontsu3a.org.uk
Cycling Longer Routes	Dave Duckworth	cyclinglongerroutes@chalfontsu3a.org.uk
Excursions/Outings	Val Smith Kate Trotman	excursions@chalfontsu3a.org.uk
Family History	Jan Sawyer Marguerite Fletcher	familyhistory@chalfontsu3a.org.uk
Family History2	Linda Kedge	familyhistory2@chalfontsu3a.org.uk
Flower Arranging	Awaiting new convenor	flowerarranging@chalfontsu3a.org.uk
French Conversation Intermediate 1	Sandy Oldham	frenchconversation1@chalfontsu3a.org.uk
French Conversation Intermediate 2	Ray Luker	frenchconversation2@chalfontsu3a.org.uk
French Conversation Advanced	Heather Glasgow	frenchfluent@chalfontsu3a.org.uk
Garden Visits	Jane Barker Jacqui Greenham Kate Trotman	gardenvisits@chalfontsu3a.org.uk
German Conversation	Renate Danner	germanconversation@chalfontsu3a.org.uk
Guitar	Clyde Perkins	guitar@chalfontsu3a.org.uk
History	Trish Hart	history@chalfontsu3a.org.uk
iPad User Group	Phil McAvoy	ipad@chalfontsu3a.org.uk
Italian Beginners	Awaiting a convenor	groupcoordinator@chalfontsu3a.org.uk
Italian Beginners Plus	Lesley Bedford	italianbeginnersplus@chalfontsu3a.org.uk
Lawn Bowls	Mike Alderton	lawnbowls@chalfontsu3a.org.uk
London Walks	John Hardwick Caroline Ashcroft Susan Mills	londonwalks@chalfontsu3a.org.uk
MacOS Computing	Gary Tomlin and Les Klein	macoscomputing@chalfontsu3a.org.uk
Mah-jong	Sam Patel	mahjong@chalfontsu3a.org.uk
Mindfulness	Ruth Ryan Olwyn Davison Oakley	groupcoordinator@chalfontsu3a.org.uk
New Experiences	Angela Cranston Sharon Duncan	newexperiences@chalfontsu3a.org.uk
New Member Coffee Mornings	Eileen Powell	NewMembersCoffeeMorning@chalfontsu3a.org.uk
Old Time Musical Hall Singing	Bob Leven	musichallsinging@chalfontsu3a.org.uk

Philosophy	Rob Robinson	philosophy@chalfontsu3a.org.uk
Photography	Vince Barker	photography@chalfontsu3a.org.uk
Pickle Ball	Richard Cranston	pickleball@chalfontsu3a.org.uk
Pickle Ball 2	Diane Eaton	Pickleball2@chalfontsu3a.org.uk
Pilates all groups	Lesley Bedford	pilates@chalfontsu3a.org.uk
Poetry & Literature	David Burbidge	poetry&literature@chalfontsu3a.org.uk
Quizzing	Margaret Turner	quizzers@chalfontsu3a.org.uk
RUG Really Useful Group	Sharon Duncan	rug@chalfontsu3a.org.uk
Rummikub	Georgina Cane	rummikub@chalfontsu3a.org.uk
Scrabble	Anne Higson	scrabble@chalfontsu3a.org.uk
Science & Technology	Karen-Anne Devoil Tony Micallef	science@chalfontsu3a.org.uk
Short Mat Bowls	Sheila Woolgar	groupcoordinator@chalfontsu3a.org.uk
Singing for Pleasure	Brenda O'Gorman	singing4pleasure@chalfontsu3a.org.uk
Spanish Conversation	David Hillis	spanishconversation@chalfontsu3a.org.uk
Spanish Beginners 2	Peter Shaw	spanishbeginners2@chalfontsu3a.org.uk
Spanish Improvers 1	Margaret Burbidge	spanishimprovers1@chalfontsu3a.org.uk
Table Tennis 1	Sue White	tabletennis@chalfontsu3a.org.uk
Table Tennis 2	Eileen Powell	tabletennis2@chalfontsu3a.org.uk
Table Tennis 3	Gio Pedalino	tabletennis3@chalfontsu3a.org.uk
Tai Chi All Groups	Lesley Bedford Lyn Tatnell	taichi@chalfontsu3a.org.uk
Textiles and Craft	Paula Walker Sandra Dawson	textiles@chalfontsu3a.org.uk
Theatre Visits	Howard Dawson Angela Windsor	theatretrips@chalfontsu3a.org.uk
Ukulele	James O'Flynn	ukelele@chalfontsu3a.org.uk
Wagner Group	John Deacon	groupcoordinator@chalfontsu3a.org.uk
Walking 6 – 10 miles	Marion Clegg Sally Buckley	walking6-10miles@chalfontsu3a.org.uk
Walking less than 6 miles	Frances Byrne	walking2-6miles@chalfontsu3a.org.uk
Walking Strollers	Kate Trotman	strollers@chalfontsu3a.org.uk
Weekend Group	Sue Fisher	weekendgroup@chalfontsu3a.org.uk
Wine Appreciation	Grace Hunter	wineappreciation@chalfontsu3a.org.uk
Wine Appreciation 2	David Hillis	wineappreciation2@chalfontsu3a.org.uk
Yoga	Geoff Clegg	yoga@chalfontsu3a.org.uk
Yoga Friday pm	Helen Hall	<a href="mailto:yoga3@chalfontsu3a.org.uk">yoga3@chalfontsu3a.org.uk</a>
Zumba	Sharon Duncan/Jane Barker	zumbagold@chalfontsu3a.org.uk

## Chalfonts U3A Committee

Chair	Jane Barker	chair@chalfontsu3a.org.uk
Vice Chair	Eileen Powell	vicechair@chalfontsu3a.org.uk
Secretary	Chris Hardwick	secretary@chalfontsu3a.org.uk
Treasurer/Finance	Chris White	treasurer@chalfontsu3a.org.uk
Finance Officer	Christine Hillis	<a href="mailto:financeofficer@chalfontsu3a.org.uk">financeofficer@chalfontsu3a.org.uk</a>
Beacon Administrator	Vince Barker	beaconadmin@chalfontsu3a.org.uk
Interest Group Co-ordinator	Lesley Bedford	groupcoordinator@chalfontsu3a.org.uk
Membership Secretary	Maureen Green	membershipsecretary@chalfontsu3a.org.uk
Newsletter & Publicity	David Powell	newsletters@chalfontsu3a.org.uk
Speaker	Geoff Clegg	speakercoordinator@chalfontsu3a.org.uk
Venue Co-ordinator	Lesley Bedford	venuecoordinator@chalfontsu3a.org.uk
Webmaster	Gary Tomlin	webmaster@chalfontsu3a.org.uk
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	Chalfonts U3A suggestion box	suggestionbox@chalfontsu3a.org.uk
	Chalfonts U3A website	www.chalfontsu3a.org.uk
	U3A National website	www.u3a.org.uk
	Thames Valley Network website	www.u3atvnetwork.org.uk