

Welcome to the January Newsletter.

Looking back at 2025 we have had a very successful year, with our existing groups flourishing and many new groups starting. Our thanks go to all our hard working convenors and to the committee for making Chalfonts u3a so popular.

The New Year edition of the newsletter is usually a bit shorter than for other months, but this one is full of news from our groups and their activities.

Here's wishing you all a very Happy and Healthy New Year!

David Powell, [newsletters@chalfontsu3a.org.uk](mailto:newsletters@chalfontsu3a.org.uk)



## Committee News

Message from our Treasurer:

### [Change of Bank Account for Chalfonts u3a.](#)

We are no longer going to use our Nat West Bank Account.

Chalfonts u3a currently has two bank accounts – Lloyds and Nat West. Nat West have decided to charge 34p for each transaction that goes through the account which would have cost Cu3a circa £2,500/£3000 in 2026. For this reason, we will no longer be using Nat West. In order to avoid these bank charges, we have opened a second account with Lloyds.

The existing Lloyds' bank account will be used for Membership, Leisure Centre and Community Centre activities, so for these activities there is no change. The new one will be used for New Experiences, Excursions, Garden Visits, London Walks, Entertainment and Theatre visits. You will be given new banking instructions when asked to make a payment for these groups.

So, look out for the new bank details next time you are asked to make a payment and follow the instructions carefully.

Thanking you all in advance for your co-operation and my best wishes for 2026.

Susan Graham, Treasurer, Chalfonts u3a [treasurer@chalfontsu3a.org.uk](mailto:treasurer@chalfontsu3a.org.uk)

## Chalfonts u3a Monthly Meetings:

### 14 January 2026 at 2pm – Across Africa in a Classic Aston Martin

For members unable to attend, a zoom invitation will be sent 48 hours in advance; log in will be from 1.45pm.

Lift that winter gloom and attend this illustrated talk given by Robin and Charlotte Morrison, who will recount their adventures, as they navigated 6,000 miles across Southern Africa in their 1970 Aston Martin.



The route took them from the Atlantic Coast, through Namibia, Botswana, Zambia and Zimbabwe to Mozambique and the Indian Ocean via Eswatini and South Africa before returning to their starting point of Cape Town.

Robin and Charlotte will recount the adventures and trials and tribulations they encountered whilst navigating their way through seven different countries all with different political systems and

diverse environments.

### 11 February 2026 at 2pm – A is for Arsenic: The Poisons of Agatha Christie

Dr Kathryn Harkup, a former chemist turned writer and science communicator, talks about how Agatha Christie revelled in the use of poison to kill off unfortunate victims in her books; indeed, she employed it more than any other murder method, with the poison itself often being a central part of the novel.

This talk looks at how the writer used her extensive knowledge of drugs and medicines mixed with real life cases to create her brilliantly plotted crime novels. Her poisons were picked with care, often providing vital clues to the discovery of the murderer. We will look at 'howdunnit' but whodunnit is for you to find out.

### 11 March 2026 at 2pm – Tax, Care and Toy Boys Inheritance Planning

Abbie Mitchell from the Coop Estate planning department will be giving a talk covering the many diverse aspects of aspects of Estate Planning. Abbie will be providing a general overview of the topic.

*All Monthly Meetings are held at CSP Community Centre, Gravel Hill, Chalfont St Peter, SL9 9QX*

## News from our Interest Groups

### Singing for Pleasure



Here are a couple of photos Kate took of the singing 4 pleasure group, belting it out at the monthly meeting.

We have only had 8 meetings so far, but we all really enjoyed coming along to sing at the Christmas meeting.

We will be restarting again on the second Friday of January (9<sup>th</sup>) 14.00-16.00 at Chalfont Community Centre. Please contact Sharon if you would like to give it a try.

Sharon Duncan, Convenor, Singing for Pleasure Group [singing4pleasure@chalfontsu3a.org.uk](mailto:singing4pleasure@chalfontsu3a.org.uk)

### Tuesday Yoga Group

The Tuesday Yoga Group wishes you a happy new year!

If you'd like to try a class, then get in touch by email, or using the yoga group's web page on our u3a web site "Contact the group's Convenor".

In the festive mood, here's our Xmas tree pose!

Geoff Clegg, Yoga Group Convenor

[yoga@chalfontsu3a.org.uk](mailto:yoga@chalfontsu3a.org.uk)



### Old Time Music Hall Singers

The Old Time Music Hall Singers sang Christmas Carols at Residential Homes in Wood Manor, Chalfont St. Peter, Signature, Farnham Common & Chalfont Lodge in December.



We were well received by the residents and carers and we even had request for an encore from the residents & carers at the Signature to sing more carols.

Spreading a little happiness!

Wishing You & Your Family a Happy & Healthy New Year

Val Lucky [musichallsinging@chalfontsu3a.org.uk](mailto:musichallsinging@chalfontsu3a.org.uk)

## Theatre Group



Our trip to see My Fair Lady at The Mill at Sonning was a great success with everyone agreeing that this was probably the best show we had ever seen at this venue. The acting and singing were superb, and with that score, you can't go wrong.

Our 2026 bookings continue apace, and in May we will be off to the West End to see a new production of The Producers. Given the sparkling revues, it promises to be a fun evening.

Happy New Year to all Theatre Group Members!

Howard Dawson     [theatretrips@chalfontsu3a.org.uk](mailto:theatretrips@chalfontsu3a.org.uk)

## Excursions



We certainly went out and about in 2025 and are glad so many of you have supported this group. And a big thank you to those who have passed on their ideas for trips.

In April we went three times to Stratfield Saye – the home of the Duke of Wellington as it was so popular, to Arundel for their Tulip Festival, Cambridge, Ham House, The Poppy Factory, and in the summer we took a leisure cruiser down The Thames from Caversham (twice due to demand) and in August spent a day at Althorp House and Gardens.

In November we also visited Blenheim Palace for their Festive Light Trail and in December spent an afternoon and evening in Oxford.

To round off the year, joining with Howard Dawson, convener of the Theatre group we took two coaches to the Albert Hall for their ever popular carol concert.

2026: So far we've booked The Birmingham Tattoo for the 15 February and more will be planned once the venues open again giving us dates and costs. Do please keep passing on suggestions.

To join the excursions group please email [excursions@chalfontsu3a.org.uk](mailto:excursions@chalfontsu3a.org.uk)

## Albert Hall Carol Concert



It's become almost a tradition for Chalfonts u3a to attend the evening festive carol concert at the Albert Hall and their performance last year was again truly spectacular.

So what did we do – we reserved tickets for 2026, this time in the stalls facing the stage and orchestra. Cost circa £89 per person to include both coach travel from CSP and the concert ticket.

We'll email everyone once the cost is finalised, but if you'd like your name put onto the list please email [excursions@chalfontsu3a.org.uk](mailto:excursions@chalfontsu3a.org.uk).

If oversubscribed there will be a ballot.

Val Smith & Kate Trotman, Joint Convenors     [excursions@chalfontsu3a.org.uk](mailto:excursions@chalfontsu3a.org.uk)

## Entertainment Group - starting during 2026

Thank you to all those who have signed up for this group and in particular to those who have put forward ideas of what they would like to do.



“Entertainment” may include concerts, both modern and classical, matinee/evening performances at provincial and local theatres and miscellaneous outings to venues where only smaller size groups are permitted.

This is a new group, separate to Theatre, Garden Visits and Excursions and initially will be run jointly by Kate Trotman and Val Smith. Once established it can be then handed over a new convenor.

We hope many of you will be interested in becoming part of this new group and in anticipation some provisional “entertainment” bookings have already been made. If you want to belong please email [entertainment@chalfontsu3a.org.uk](mailto:entertainment@chalfontsu3a.org.uk)

## Mixed Walking Cricket Group

Happy New Year budding cricketers!



Our group is growing and recently we welcomed 4 new players so if you think you might be interested please let me know.

We had our Christmas outing to tenpin bowling at The Hollywood Bowl which we all enjoyed and it was good to show off our skills at other activities!

Our first indoor match of the year (vs Purfleet on Thames) is taking place this month on Friday 16th January and we hope to continue our winning streak.

In preparation we will be donning our brand new polo shirts emblazoned with the Chalfonts U3A logo so no mistaking who we represent!

Eileen Powell convenor for [mixedwalkingcricket@chalfontsu3a.org.uk](mailto:mixedwalkingcricket@chalfontsu3a.org.uk)

## Short Mat Bowls



Pictured here are the winner and runners up of the competition for touchers of the jack held during the last two months at short mat bowls.

Congratulations to Joan, Beverley and Val

Sheila Woolgar, Convenor of the Short Mat Bowls Group

[shortmatbowls@chalfontsu3a.org.uk](mailto:shortmatbowls@chalfontsu3a.org.uk)

## New Experiences Group

2025 was an eventful year for the New Experiences Group.

We started the year laughing with a fun team puzzle event. Later on, the adventurous had the chance to sail, water-ski, throw axes, climb high ropes, try Scottish dancing and climb over the O2.



Those of a more crafty disposition made jewellery, needle felt pictures and Christmas table decorations. Then we finished off with another good laugh in our laughter therapy workshop.

Here is a photo from our first event.

Angela Cranston [newexperiences@chalfontsu3a.org.uk](mailto:newexperiences@chalfontsu3a.org.uk)

## Book Group 1

Another very enjoyable year of reading. The types of books we have read has been very varied, from a classic by a very well-known author to a first book by a new author.

We finished the year with a Christmas get together and a toast to next year's books.

Carol Lyons, Convenor Book Club 1 Group

[bookclub1@chalfontsu3a.org.uk](mailto:bookclub1@chalfontsu3a.org.uk)



## Coffee Mornings

We continue to have a monthly coffee morning with delicious croissants at the Greyhound in CSP at 11 am. It is a very friendly, happy gathering and they make us welcome - so come and join us.

Chris Coteman & Lesley Bedford [coffeemornings@chalfontsu3a.org.uk](mailto:coffeemornings@chalfontsu3a.org.uk)

## New Members' Meeting



The next New Member's Coffee Morning will be held on **Wednesday 21 January 2026** at 09.45 for a 10am start in the café at The Gerrards Cross Memorial Centre, East Common, Gerrards Cross SL9 7AD.

All new members will be emailed with a reminder and anyone who couldn't make a previous meeting is very welcome to come along.

Val Smith & Eileen Powell, Joint convenors [newmemberscoffeemorning@chalfontsu3a.org.uk](mailto:newmemberscoffeemorning@chalfontsu3a.org.uk)

## 6-10 mile Walking Group



Thank You to Our 6-10 mile Walking Group

As the year draws to a close, we would like to thank all members of our 6–10 mile walking group for your continued support and participation throughout the year.

We have enjoyed all our walks in all conditions, and had some laughs despite rain and mud at times!



Sally and Marion wish you all a happy New Year and look forward to walking together in 2026.

Marion Clegg, Sally Buckley, Joint Convenors ~ [walking6-10miles@chalfontsu3a.org.uk](mailto:walking6-10miles@chalfontsu3a.org.uk)



## Science: Earth and Space Group



The Science: Earth and Space group were treated to an excellent talk at their December meeting by Sian Prosser, archivist and librarian at the Royal Astronomical Society, titled 'Pioneering Women in Astronomy'.

As this was our last meeting before Christmas, the group enjoyed festive treats during the social break and took our annual group photo.

We do not have a meeting on Friday 2nd January due to the holidays but the group will be meeting for a festive social lunch in early January instead. Our next meeting will take place on Friday 6th February at 3pm as usual in the Members Room at the CSP Community Centre.

If you are not already a member of the Science: Earth and Space group and would like to attend future meetings or events, please email the co-convenors Karen-Anne Devoil and Tony Micallef [science@chalfontsu3a.org.uk](mailto:science@chalfontsu3a.org.uk).

## Regional u3a Zoom events

### Thames Valley Network

**The Dramatic Art of the London Underground**  
**by Mike Grundy**  
**Thursday 15<sup>th</sup> January 2026 at 10.30 a.m. on Zoom**



***The mosaics of Eduardo Paolozzi on the walls of Tottenham Court Road station.***

Mike Grundy is an expert in the art and architecture of Underground systems worldwide. He is well known for his lectures and courses on the London Underground as well as on the Paris and Moscow Metros.

The fee for this event is £2. Please book electronically by clicking on the 'TICKETSOURCE' icon immediately below the event on TVN website [u3atvnetwork.org.uk](http://u3atvnetwork.org.uk)

Closing date Sunday 11th January 2026.

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#### Did you know?

As well as the 70 Interest groups that we have in our own Chalfonts u3a, there are many more that are available to us online.

Interest Groups Online (abbreviated as IGO) is an online u3a community that gives you the opportunity to join groups, talks and courses from the comfort of your home.

The activities are run by members and are a great way to meet people from all across the u3a movement. It costs £12 annually to join, and there are 140 groups to choose from!

Details: <https://www.u3a.org.uk/learning/interest-groups-online/interest-groups-online-groups>

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## Riviera Travel Holidays

Riviera Holidays - Provider of holidays including cruises and signature tours. Unbeatable value for money & honest pricing, backed by price match guarantee. Which recommended.

Book with Riviera Travel, tell them that you belong to Chalfonts u3a and your u3a will receive a payment from Riviera which helps support our activities.

Note that if you book a Riviera Holiday through a travel agent or other third party, this does not qualify for the payment.

See the advertisement in Third Age Matters magazine for further details. [www.rivieratravel.co.uk](http://www.rivieratravel.co.uk)

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### u3a Friends Extra

You may not have heard of u3a Friends Extra. This is an additional benefit for u3a members, giving them discounts on a whole range of goods and services such as retailers, insurance, restaurants and travel companies. (This service used to be called Click and Save).

These range from a 6% discount on retail purchases via a coupon system to up to 60% off some domestic appliances from Hotpoint and Whirlpool.

Currently they are offering discounts on theatre bookings.

For further details use this link: <https://u3afriends-extra.org.uk/a/>

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## Chalfonts u3a Directory of Interest Groups

Lyn Cameron, Groups Coordinator - [groupcoordinator@chalfontsu3a.org.uk](mailto:groupcoordinator@chalfontsu3a.org.uk)  
Telephone: 07503 481537

If you know which group/s you wish to join please contact the convenor direct.

You can find a list of all our Interest Groups on the next pages or here:

<https://chalfontsu3a.org.uk/interest-groups/>

## Chalfonts u3a Directory of Interest Groups

For general enquires about interest groups please contact  
**Lyn Cameron, Groups Coordinator - [groupcoordinator@chalfontsu3a.org.uk](mailto:groupcoordinator@chalfontsu3a.org.uk)**  
**Telephone: 07503 481537**

Or, if you know which group/s you wish to join please contact the convenor direct

<b>Interest Group</b>	<b>Convenor(s)</b>	<b>Email</b>
Badminton	Jacqui Robinson	<a href="mailto:badminton@chalfontsu3a.org.uk">badminton@chalfontsu3a.org.uk</a>
Ballroom Dancing	Christine Hardwick	<a href="mailto:ballroomdancing@chalfontsu3a.org.uk">ballroomdancing@chalfontsu3a.org.uk</a>
Bird Watching	Tony Micallef, Jan Sawyer	<a href="mailto:birdwatching@chalfontsu3a.org.uk">birdwatching@chalfontsu3a.org.uk</a>
Book Club 1	Carol Lyons	<a href="mailto:bookclub1@chalfontsu3a.org.uk">bookclub1@chalfontsu3a.org.uk</a>
Book Club 2	Marsha Partridge	<a href="mailto:bookclub2@chalfontsu3a.org.uk">bookclub2@chalfontsu3a.org.uk</a>
Book Club 3	Sue Williams	<a href="mailto:bookclub3@chalfontsu3a.org.uk">bookclub3@chalfontsu3a.org.uk</a>
Bridge	Geoff Glover, Sue Fisher	<a href="mailto:bridge@chalfontsu3a.org.uk">bridge@chalfontsu3a.org.uk</a>
Chess	Tony Micallef	<a href="mailto:chess@chalfontsu3a.org.uk">chess@chalfontsu3a.org.uk</a>
Coffee Mornings	Chris Coteman, Lesley Bedford	<a href="mailto:coffeemornings@chalfontsu3a.org.uk">coffeemornings@chalfontsu3a.org.uk</a>
Computing	Les Klein	<a href="mailto:computing@chalfontsu3a.org.uk">computing@chalfontsu3a.org.uk</a>
Creative Writing	David Brodie	<a href="mailto:creativewriting@chalfontsu3a.org.uk">creativewriting@chalfontsu3a.org.uk</a>
Cribbage	David Burbidge	<a href="mailto:cribbage@chalfontsu3a.org.uk">cribbage@chalfontsu3a.org.uk</a>
Cricket - Walking (Mixed)	Eileen Powell	<a href="mailto:mixedwalkingcricket@chalfontsu3a.org.uk">mixedwalkingcricket@chalfontsu3a.org.uk</a>
Crochet	Paula Walker, Kate Trotman	<a href="mailto:crochet@chalfontsu3a.org.uk">crochet@chalfontsu3a.org.uk</a>
Cryptic Crosswords	Bob Leven	<a href="mailto:crypticcrosswords@chalfontsu3a.org.uk">crypticcrosswords@chalfontsu3a.org.uk</a>
Cryptic Crosswords Too	Val Darbyshire	<a href="mailto:crypticcrosswordstoo@chalfontsu3a.org.uk">crypticcrosswordstoo@chalfontsu3a.org.uk</a>
Current Affairs	Bob Leven	<a href="mailto:currentaffairs@chalfontsu3a.org.uk">currentaffairs@chalfontsu3a.org.uk</a>
Curry Club	Chris Franklin	<a href="mailto:curryclub@chalfontsu3a.org.uk">curryclub@chalfontsu3a.org.uk</a>
Cycling Longer Routes	Dave Duckworth	<a href="mailto:cyclinglongerroutes@chalfontsu3a.org.uk">cyclinglongerroutes@chalfontsu3a.org.uk</a>
Dining Group	Lyn Cameron	<a href="mailto:dininggroup@chalfontsu3a.org.uk">dininggroup@chalfontsu3a.org.uk</a>
Entertainment	Val Smith, Kate Trotman	<a href="mailto:entertainment@chalfontsu3a.org.uk">entertainment@chalfontsu3a.org.uk</a>
Excursions and Outings	Val Smith, Kate Trotman	<a href="mailto:excursions@chalfontsu3a.org.uk">excursions@chalfontsu3a.org.uk</a>
Family History	Jan Sawyer, Marguerite Fletcher	<a href="mailto:familyhistory@chalfontsu3a.org.uk">familyhistory@chalfontsu3a.org.uk</a>
French Con Advanced	Heather Glasgow	<a href="mailto:frenchfluent@chalfontsu3a.org.uk">frenchfluent@chalfontsu3a.org.uk</a>
French Con Intermediate 1	Sandy Oldham	<a href="mailto:frenchconversation1@chalfontsu3a.org.uk">frenchconversation1@chalfontsu3a.org.uk</a>
French Con Intermediate 2	Ray Luker	<a href="mailto:frenchconversation2@chalfontsu3a.org.uk">frenchconversation2@chalfontsu3a.org.uk</a>
Garden Visits	Kate Trotman	<a href="mailto:gardenvisits@chalfontsu3a.org.uk">gardenvisits@chalfontsu3a.org.uk</a>
German Conversation	Renate Danner	<a href="mailto:germanconversation@chalfontsu3a.org.uk">germanconversation@chalfontsu3a.org.uk</a>
Guitar - Beginners	Clyde Perkins	<a href="mailto:guitar@chalfontsu3a.org.uk">guitar@chalfontsu3a.org.uk</a>
History	Trish Hart	<a href="mailto:history@chalfontsu3a.org.uk">history@chalfontsu3a.org.uk</a>
Italian Beginners	Les Klein, Margaret Turner	<a href="mailto:italianbeginners@chalfontsu3a.org.uk">italianbeginners@chalfontsu3a.org.uk</a>
Italian Beginners Plus	Lesley Bedford	<a href="mailto:italianbeginnersplus@chalfontsu3a.org.uk">italianbeginnersplus@chalfontsu3a.org.uk</a>
Lawn Bowls	Mike Alderton	<a href="mailto:lawnbowls@chalfontsu3a.org.uk">lawnbowls@chalfontsu3a.org.uk</a>
London Walks	John Hardwick, Caroline Ashcroft Susan Mills	<a href="mailto:londonwalks2@chalfontsu3a.org.uk">londonwalks2@chalfontsu3a.org.uk</a>
Mac OS Computing	Les Klein	<a href="mailto:macoscomputing@chalfontsu3a.org.uk">macoscomputing@chalfontsu3a.org.uk</a>
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New Members Coffee Morning	Eileen Powell, Val Smith	<a href="mailto:newmemberscoffeemorning@chalfontsu3a.org.uk">newmemberscoffeemorning@chalfontsu3a.org.uk</a>
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Pickleball 2	Diane Eaton	<a href="mailto:pickleball2@chalfontsu3a.org.uk">pickleball2@chalfontsu3a.org.uk</a>
Pilates	Lesley Bedford	<a href="mailto:pilates@chalfontsu3a.org.uk">pilates@chalfontsu3a.org.uk</a>
Poetry & Literature	David Burbidge	<a href="mailto:poetryandliterature@chalfontsu3a.org.uk">poetryandliterature@chalfontsu3a.org.uk</a>
Quizzers	Margaret Turner	<a href="mailto:quizzers@chalfontsu3a.org.uk">quizzers@chalfontsu3a.org.uk</a>
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Short Mat Bowls	Sheila Woolgar	shortmatbowls@chalfontsu3a.org.uk
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Spanish Aspiring Intermediates	Ann Robinson	spanishpreintermediates@chalfontu3a.org
Spanish Conversation	David Hillis	spanishconversation@chalfontsu3a.org.uk
Table Tennis	Gio Pedalino, John Park	tabletennis@chalfontsu3a.org.uk
Table Tennis 2	Eileen Powell, Gio Pedalino	tabletennis2@chalfontsu3a.org.uk
Table Tennis 3	Gio Pedalino	tabletennis3@chalfontsu3a.org.uk
Tai Chi	Lesley Bedford	taichi@chalfontsu3a.org.uk
Textiles and Crafts	Sandra Dawson, Paula Walker	textiles@chalfontsu3a.org.uk
Theatre Group	Howard Dawson	theatretrips@chalfontsu3a.org.uk
Ukulele Group	James O'Flynn	ukulele@chalfontsu3a.org.uk
Walking (6-10 Miles)	Marion Clegg, Sally Buckley	walking6-10miles@chalfontsu3a.org.uk
Walking (less than 6 Miles)	Sue Fisher, Frances Byrne	walking2-6miles@chalfontsu3a.org.uk
Walking-Strollers group	Kate Trotman	strollers@chalfontsu3a.org.uk
Weekend Group	Kathy Beattie, Sue Fisher	weekendgroup@chalfontsu3a.org.uk
Wine Appreciation	Grace Hunter	wineappreciation@chalfontsu3a.org.uk
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Wine Appreciation 3	Rory Christie	wineappreciation3@chalfontsu3a.org.uk
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Zumba Gold	Lyn Cameron	zumbagold@chalfontsu3a.org.uk

### Chalfonts u3a Committee

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u3a National website	www.u3a.org.uk
Thames Valley Network website	www.u3atvnetwork.org.uk