

Welcome to the June Newsletter.

Last month I wrote that I hoped the sunny weather would continue. I have just returned from holiday to find most of my garden frazzled by the heat,

It goes to show that one should be careful about what one wishes for!

There are lots of proposed new groups and activities this month. See below for Lyn's suggested new groups, and a list of possible trips by the Entertainment Group.



David Powell, [newsletters@chalfontsu3a.org.uk](mailto:newsletters@chalfontsu3a.org.uk)

## Committee News

### Group Coordinator News

I have had some more suggestions for new groups.

One is a **Spanish Beginners Group**, which we have had before but which unfortunately closed a while ago.

If you are interested in starting a new group then please contact me, but I would just like to point out that all groups are self-led and require a Convenor, and that a tutor is not provided.

A second suggestion is for a **Lunch Club Group**. If this is of interest to you, then, again, please contact me and I will try to facilitate this.

I am also trying to see if there would be any interest in a **Seated Exercise Group** for those of us who would like to do some form of exercise, but are not as mobile as we used to be!

Again, please contact me if you're interested. I have spoken to a qualified instructor who would be happy to run a trial session or sessions depending on the level of interest.

Lyn Cameron, Groups Coordinator - [groupcoordinator@chalfontsu3a.org.uk](mailto:groupcoordinator@chalfontsu3a.org.uk)

## Chalfonts u3a Monthly Meetings:

### 10 June 2026 at 2pm – The work of the Commonwealth War Graves Commission



This presentation will provide an overview of the Work of the Commonwealth War Graves Commission from past to present with reference to the sites and casualties it cares for.

It will begin by discussing the conception of the CWGC by its founder and the principles put into place at that time that continue to define what the organisation does and how it is done. To illustrate this, we will be shown the sites that are cared for in the UK and

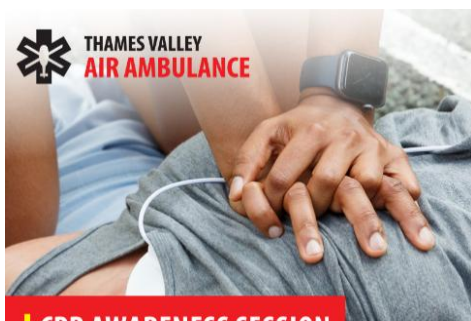
around the world and what to look for when visiting them.

A discussion of the challenges faced by CWGC and the work done today will then follow. The presentation is rounded off with a focus on local sites and a personal story of someone commemorated nearby tailored to our group.



### 10 June 2026 at 3:30 – 5:30 CPR Awareness Session

(immediately after the monthly meeting in the Tony Graham Room)



Many potential life-changing medical situations could be prevented if assistance was given before emergency services arrive. One way to assist is CPR (cardiopulmonary resuscitation). CPR is what you do when someone's heart stops and they stop breathing.

Cu3a member, David Brodie has arranged for Thames Valley Air Ambulance to come to the Community Centre and run a free CPR Awareness Session.

The session is to build awareness. It is **not certified training**, but is designed to be interactive and those attending will be able to be actively engaged, including performing CPR on manikins on the floor.

CPR by itself will not restart the heart, but 'buys time' for the emergency medical services to reach the scene. Effective CPR more than doubles the chance of someone surviving a cardiac arrest.

To book a place [please use this link](#).

The first thirty responses will secure a place and those who register after that will be placed on a reserve list for a future session.

David Brodie, Organiser

## **22 July 2026 at around 2.30 After the AGM**

### **Working with the Royals in their Palaces and The 'Out-Takes'!**

Brian Greenan is one of London's most experienced Toastmasters and Masters of Ceremonies.

Over the years he has built a unique portfolio, working with all the members of the British Royal Family, both in the UK and the US, whilst they act in their respective roles as 'Patrons' of the various high-profile charities and national organisations that engage Brian as their Toastmaster.

He has worked in many of the Royal Palaces, including numerous events at Windsor Castle attended by Her Majesty the late Queen.

Brian gives a fascinating insight to the protocols of Royal events with amusing stories of when things didn't quite go to plan.

## **12 August 2026 at 2pm - The Secret Life of Bees A Talk by Meriet Duncan**

Meriet is a local Bee Keeper and author who gives an interactive talk which blends fascinating insights into the life of bees, inside and outside the hive with gentle storytelling, humour, and real-life experiences from her work as a bee keeper.

At its heart is the idea of bees as teachers, what they show us about community, resilience, sustainability and working together.

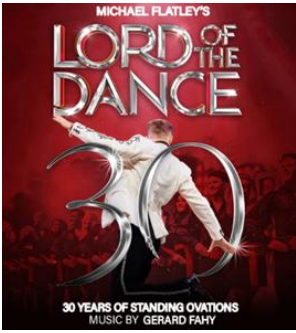
Meriet's talks are informative without being technical, uplifting without being sentimental and welcoming of questions and shared experiences.

Meriet will bring a demonstration hive (with no bees) and a selection of honey related items.

*All Monthly Meetings are held at CSP Community Centre, Gravel Hill, Chalfont St Peter, SL9 9QX*

## News from our Interest Groups

### Entertainment Group



#### Lord of the Dance:

**Sunday 20 September at The Waterside Theatre, Aylesbury**

Since its inception three decades ago Michael Flatley's Lord of the Dance has achieved global success and to celebrate the show is now touring.

We've obtained excellent seats for the 4pm performance. Details have been sent out to members of the Entertainment Group but if you'd like to join us and find out more please email [entertainment@chalfontsu3a.org.uk](mailto:entertainment@chalfontsu3a.org.uk)

#### Possible events!

We're planning ahead ...members of this group will have received an email about possible events as below. If you would like to join us, do register your interest by email.

Friday 24 July – 7.30pm at Elgiva – Chesham

#### [Psychic Sally](#)

Friday 4 September 7.30 at The Swan – High Wycombe

#### [Abba -Thank you for the Music](#)

Wednesday 18 November 7.30pm at The Swan – High Wycombe

#### ["My Royal Life" - an audience with Lucy Worsley](#)

Thursday 3 December 7.30pm at The Swan – High Wycombe

#### [Christmas by Candlelight](#)

Val Smith, Kate Trotman - Joint Convenors [entertainment@chalfontsu3a.org.uk](mailto:entertainment@chalfontsu3a.org.uk)

### Excursions Group



#### Thames River boat cruise with buffet lunch: 17 July 2026

Full details about this trip will be emailed out in early June to all those who belong to the Excursions group. If you wish your name to be added to this group please email

[excursions@chalfontsu3a.org.uk](mailto:excursions@chalfontsu3a.org.uk)

Val Smith, Kate Trotman - Joint Convenors

## Computer Clinic



Struggling with your computer or tablet/mobile?

If something frustrates or annoys you and you don't know how to change it... I can help.

The Computer Clinic is aimed at enabling you to resolve individual computer issues on a one-to-one basis on your own laptop/tablet/phone (covering only Windows and Android devices).

Sessions are normally on the 4th Thursday of the month (except in June) from 14.00-16.00 at the Misbourne Room in Chalfont St Peter Community Centre.

20 minutes 'slots' are allocated in advance to avoid you having to wait a long time and potentially not being able to get help.

The next session is on 18th June (not the 4th Thursday) and has spaces available, so book a slot and let me solve your issues.

Sign up here: [computerclinic@chalfontsu3a.org.uk](mailto:computerclinic@chalfontsu3a.org.uk)

Suzy Mills, Computer Clinic Convenor

## Garden Visits Group

In mid-May the garden visits group had an outing to Broughton Grange and Pettifers Garden near Banbury.

We had an informative tour at Broughton Grange led by head gardener Andrew. Within the gardens were a variety of areas from winter gardens, rose border, azalea woodland and an arboretum to a renowned walled garden designed in a contemporary style by Tom Stuart Smith.

After an excellent ploughman's lunch we went on to Pettifers where gardener Polly told us about working with the late owner in a much more impulsive style. The thickly planted borders lead over the edge of a bank and open up into a view of the lovely countryside beyond.



Later, we were treated to biscuits and tea from a very special tea pot.

Barbara McCardle on behalf of the Garden Visits Group

For further information, or to join, contact:

Kate Trotman, Group Coordinator [gardenvisits@chalfontsu3a.org.uk](mailto:gardenvisits@chalfontsu3a.org.uk)

## Theatre Group



Our trip to see The Producers was another marvellous evening, and although the content of much of the show might have raised eyebrows amongst some members, there was no getting away from the superb cast, musical numbers and plot twists.

Having seen the previous London Production in 2005 at Drury Lane Theatre, I realised pretty quickly that the changes to the show in the ensuing 21 years mirror much that has happened in entertainment generally with plenty of camp behaviour and gay references. However, because the new script was so good, and the pace furious, there was no time to dwell on this aspect

We now have a fallow period in June and July, before our trip to Chichester to see My Fair Lady in August.

The new Theatre Group Convenor, Tim Brooker, has put together his first outing, to see The Truth in September. Looks like a good selection

Howard Dawson Group Convenor [theatretrips@chalfontsu3a.org.uk](mailto:theatretrips@chalfontsu3a.org.uk)

## Textiles & Crafts Group

The Textiles & Crafts Group had an enjoyable, if a trifle chilly, day out at the Living Crafts show at Hatfield Park earlier this month where we gleaned ideas for future projects.



At our monthly get together, Jane Campbell kindly demonstrated the craft of Kumihimo braiding which was great fun if somewhat confusing at least to begin with, as you'll see from the variable quality of our efforts in this photo.



Paula Walker & Sandra Dawson, Co-Convenors for Textiles & Crafts Group  
[textiles@chalfontsu3a.org.uk](mailto:textiles@chalfontsu3a.org.uk)

## Lawn Bowls Group

We have had two u3a bowls sessions on a Tuesday this month. On the first week we had 9 members and on the second 11 members. This was a really good turnout considering how warm it was.



If you are interested in joining us please contact: Mike Alderton, Convenor  
[lawnbowls@chalfontsu3a.org.uk](mailto:lawnbowls@chalfontsu3a.org.uk)

## New Experiences Group

At the end of May a group of 38 members of the New Experiences group took part in a tour and talk at a radically natural vineyard, orchard and wild flower meadow.

Our host, Richard Woodfine, was very informative.



Richard founded Woodfine Wines in 2021 and the vineyard is located in a 300year old small holding near Seer Green.

We learned all about their ancient wine making techniques, including how they keep the vines safe from predators (such as badgers and deer), as well as about

the cider orchards, the bee hives, and their real free range chickens. The highlight of the day was sighting three baby owls (owlets) high up in a tree.



To round off the afternoon, we tucked in to local charcuterie, organic cheeses, breads and pickles and of course we sampled the cider and wines.

It was a very enjoyable experience.

Sharon Duncan, Joint Coordinator, [newexperiences@chalfontsu3a.org.uk](mailto:newexperiences@chalfontsu3a.org.uk)

## Mixed Walking Cricket

Our first outdoor match of the season is on Tuesday 9th June starting at 11am at Chalfont St Peter Cricket Club versus Purfleet-on-Thames Cricket Club. The bar will be open after the match! It would be great to see any of our members and tea and coffee will be available for a small donation.

This year we will again be on Gold Hill Common as part of the FRINGE events during Chalfont Feast Week on Monday June 22nd from 4pm. We will be showing off our cricketing talents and it is open to anyone wishing to join in and perhaps considering joining the mixed walking cricket group. We will then disappear to The Jolly Farmer for refreshments! Perhaps we will see you there.

Finally on July 17th we will be travelling to Worcester to play in a 8 a side walking cricket tournament. This is the first time we have attended this event so it should be fun meeting and playing against other teams.

Eileen Powell - Mixed Walking Cricket Group Convenor [mixedwalkingcricket@chalfontsu3a.org.uk](mailto:mixedwalkingcricket@chalfontsu3a.org.uk)

**WALKING  
CRICKET**

**4PM MON 22 JUNE  
GOLD HILL COMMON**

EVERYONE WELCOME - NO EXPERIENCE REQUIRED  
ALL EQUIPMENT PROVIDED - SOFT BALLS USED  
WEAR ANY SPORTS GEAR  
AND ONTO THE JOLLY FARMER AFTERWARDS

email:cricketmixedwalking@chalfontsu3a.org.uk

FRINGE FESTIVAL  
CHALFONT ST PETER

## Regional u3a Zoom events

### Thames Valley Network



## A new Summer Quiz for TVN Members

**Friday, 19<sup>th</sup> June, 2026 at 2.30 p.m. on Zoom**

**Quizmaster: Avis Furness**

Participants will be randomly divided into teams

This event is free of charge. Please book electronically by clicking on the TICKETSOURCE icon immediately below the event on [www.u3atvnetwork.org.uk](http://www.u3atvnetwork.org.uk)

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### Did you know?

As well as the 70 Interest groups that we have in our own Chalfonts u3a, there are many more that are available to us online.

Interest Groups Online (abbreviated as IGO) is an online u3a community that gives you the opportunity to join groups, talks and courses from the comfort of your home.

The activities are run by members and are a great way to meet people from all across the u3a movement. It costs £12 annually to join, and there are 140 groups to choose from!

Details: <https://www.u3a.org.uk/learning/interest-groups-online/interest-groups-online-groups>

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### Riviera Travel Holidays

Riviera Holidays - Provider of holidays including cruises and signature tours. Unbeatable value for money & honest pricing, backed by price match guarantee. Which recommended.

Book with Riviera Travel, tell them that you belong to Chalfonts u3a and your u3a will receive a payment from Riviera which helps support our activities.

See the advertisement in Third Age Matters magazine for further details. [www.rivieratravel.co.uk](http://www.rivieratravel.co.uk)

## Chalfonts u3a Directory of Interest Groups

For general enquires about interest groups please contact  
**Lyn Cameron, Groups Coordinator - [groupcoordinator@chalfontsu3a.org.uk](mailto:groupcoordinator@chalfontsu3a.org.uk)**  
**Telephone: 07503 481537**

Or, if you know which group/s you wish to join please contact the convenor direct

Interest Group	Convenor(s)	Email
Badminton	Jacqui Robinson	<a href="mailto:badminton@chalfontsu3a.org.uk">badminton@chalfontsu3a.org.uk</a>
Ballroom Dancing	Christine Hardwick	<a href="mailto:ballroomdancing@chalfontsu3a.org.uk">ballroomdancing@chalfontsu3a.org.uk</a>
Bird Watching	Tony Micallef, Jan Sawyer	<a href="mailto:birdwatching@chalfontsu3a.org.uk">birdwatching@chalfontsu3a.org.uk</a>
Book Club 1	Carol Lyons	<a href="mailto:bookclub1@chalfontsu3a.org.uk">bookclub1@chalfontsu3a.org.uk</a>
Book Club 2	Marsha Partridge	<a href="mailto:bookclub2@chalfontsu3a.org.uk">bookclub2@chalfontsu3a.org.uk</a>
Book Club 3	Sue Williams	<a href="mailto:bookclub3@chalfontsu3a.org.uk">bookclub3@chalfontsu3a.org.uk</a>
Bridge	Sue Fisher, Ainsley Kemps, Elaine Goodwin	<a href="mailto:bridge@chalfontsu3a.org.uk">bridge@chalfontsu3a.org.uk</a>
Chess	Tony Micallef	<a href="mailto:chess@chalfontsu3a.org.uk">chess@chalfontsu3a.org.uk</a>
Coffee Mornings	Chris Coteman, Lesley Bedford	<a href="mailto:coffeemornings@chalfontsu3a.org.uk">coffeemornings@chalfontsu3a.org.uk</a>
Computer Clinic	Suzy Mills	<a href="mailto:computerclinic@chalfontsu3a.org.uk">computerclinic@chalfontsu3a.org.uk</a>
Computing	Les Klein	<a href="mailto:computing@chalfontsu3a.org.uk">computing@chalfontsu3a.org.uk</a>
Creative Writing	David Brodie	<a href="mailto:creativewriting@chalfontsu3a.org.uk">creativewriting@chalfontsu3a.org.uk</a>
Cribbage	David Burbidge, Sharon Duncan	<a href="mailto:cribbage@chalfontsu3a.org.uk">cribbage@chalfontsu3a.org.uk</a>
Cricket - Walking (Mixed)	Eileen Powell	<a href="mailto:mixedwalkingcricket@chalfontsu3a.org.uk">mixedwalkingcricket@chalfontsu3a.org.uk</a>
Crochet	Paula Walker, Kate Trotman	<a href="mailto:crochet@chalfontsu3a.org.uk">crochet@chalfontsu3a.org.uk</a>
Croquet	Sharon Duncan, Clyde Perkins	<a href="mailto:croquet@chalfontsu3a.org.uk">croquet@chalfontsu3a.org.uk</a>
Cryptic Crosswords	Bob Leven	<a href="mailto:crypticcrosswords@chalfontsu3a.org.uk">crypticcrosswords@chalfontsu3a.org.uk</a>
Cryptic Crosswords Too	Val Darbyshire	<a href="mailto:crypticcrosswordstoo@chalfontsu3a.org.uk">crypticcrosswordstoo@chalfontsu3a.org.uk</a>
Current Affairs	Bob Leven	<a href="mailto:currentaffairs@chalfontsu3a.org.uk">currentaffairs@chalfontsu3a.org.uk</a>
Curry Club	Chris Franklin	<a href="mailto:curryclub@chalfontsu3a.org.uk">curryclub@chalfontsu3a.org.uk</a>
Cycling Longer Routes	Dave Duckworth	<a href="mailto:cyclinglongerroutes@chalfontsu3a.org.uk">cyclinglongerroutes@chalfontsu3a.org.uk</a>
Dining Group	Lyn Cameron, Nilesh Shah	<a href="mailto:dininggroup@chalfontsu3a.org.uk">dininggroup@chalfontsu3a.org.uk</a>
Entertainment	Val Smith, Kate Trotman	<a href="mailto:entertainment@chalfontsu3a.org.uk">entertainment@chalfontsu3a.org.uk</a>
Excursions and Outings	Val Smith, Kate Trotman	<a href="mailto:excursions@chalfontsu3a.org.uk">excursions@chalfontsu3a.org.uk</a>
Family History	Jan Sawyer, Marguerite Fletcher	<a href="mailto:familyhistory@chalfontsu3a.org.uk">familyhistory@chalfontsu3a.org.uk</a>
French Con Advanced	Heather Glasgow	<a href="mailto:frenchfluent@chalfontsu3a.org.uk">frenchfluent@chalfontsu3a.org.uk</a>
French Con Intermediate 1	Sandy Oldham	<a href="mailto:frenchconversation1@chalfontsu3a.org.uk">frenchconversation1@chalfontsu3a.org.uk</a>
French Con Intermediate 2	Ray Luker	<a href="mailto:frenchconversation2@chalfontsu3a.org.uk">frenchconversation2@chalfontsu3a.org.uk</a>
Garden Visits	Kate Trotman	<a href="mailto:gardenvisits@chalfontsu3a.org.uk">gardenvisits@chalfontsu3a.org.uk</a>
German Conversation	Renate Danner	<a href="mailto:germanconversation@chalfontsu3a.org.uk">germanconversation@chalfontsu3a.org.uk</a>
Guitar - Beginners	Clyde Perkins	<a href="mailto:guitar@chalfontsu3a.org.uk">guitar@chalfontsu3a.org.uk</a>
History	Trish Hart	<a href="mailto:history@chalfontsu3a.org.uk">history@chalfontsu3a.org.uk</a>
Italian Beginners	Les Klein, Margaret Turner	<a href="mailto:italianbeginners@chalfontsu3a.org.uk">italianbeginners@chalfontsu3a.org.uk</a>
Italian Beginners Plus	Lesley Bedford	<a href="mailto:italianbeginnersplus@chalfontsu3a.org.uk">italianbeginnersplus@chalfontsu3a.org.uk</a>
Lawn Bowls	Mike Alderton	<a href="mailto:lawnbowls@chalfontsu3a.org.uk">lawnbowls@chalfontsu3a.org.uk</a>
London Walks	John Hardwick, Caroline Ashcroft Susan Mills	<a href="mailto:londonwalks2@chalfontsu3a.org.uk">londonwalks2@chalfontsu3a.org.uk</a>
Mac OS Computing	Les Klein	<a href="mailto:macoscomputing@chalfontsu3a.org.uk">macoscomputing@chalfontsu3a.org.uk</a>
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New Experiences Group	Angela Cranston, Sharon Duncan	<a href="mailto:newexperiences@chalfontsu3a.org.uk">newexperiences@chalfontsu3a.org.uk</a>
New Members Coffee Morning	Eileen Powell, Val Smith	<a href="mailto:newmemberscoffeemorning@chalfontsu3a.org.uk">newmemberscoffeemorning@chalfontsu3a.org.uk</a>
Old Time Music Hall Singing	Sharon Duncan, Richard Campbell	<a href="mailto:musichallsinging@chalfontsu3a.org.uk">musichallsinging@chalfontsu3a.org.uk</a>
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Singing For Pleasure	Sharon Duncan	singing4pleasure@chalfontsu3a.org.uk
Snooker	Gio Pedalino	snooker@chalfontsu3a.org.uk
Spanish Aspiring Intermediates	Ann Robinson	spanishpreintermediates@chalfontu3a.org
Spanish Conversation	David Hillis	spanishconversation@chalfontsu3a.org.uk
Table Tennis	Gio Pedalino, John Park	tabletennis@chalfontsu3a.org.uk
Table Tennis 2	Eileen Powell, Gio Pedalino	tabletennis2@chalfontsu3a.org.uk
Table Tennis 3	Lesley Bedford, Gio Pedalino	tabletennis3@chalfontsu3a.org.uk
Tai Chi	Lesley Bedford	taichi@chalfontsu3a.org.uk
Textiles and Crafts	Sandra Dawson, Paula Walker	textiles@chalfontsu3a.org.uk
Theatre Group	Howard Dawson, Tim Brooker	theatretrips@chalfontsu3a.org.uk
Ukulele Group	James O'Flynn	ukulele@chalfontsu3a.org.uk
Walking (6-10 Miles)	Marion Clegg, Sally Buckley	walking6-10miles@chalfontsu3a.org.uk
Walking (less than 6 Miles)	Sue Fisher, Frances Byrne	walking2-6miles@chalfontsu3a.org.uk
Walking-Strollers group	Kate Trotman	strollers@chalfontsu3a.org.uk
Weekend Group	Kathy Beattie, Sue Fisher	weekendgroup@chalfontsu3a.org.uk
Wine Appreciation	Grace Hunter	wineappreciation@chalfontsu3a.org.uk
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Wine Appreciation 3	Rory Christie	wineappreciation3@chalfontsu3a.org.uk
Yoga	Geoff Clegg	yoga@chalfontsu3a.org.uk
Yoga 3	Geoff Clegg	yoga3@chalfontsu3a.org.uk
Zumba Gold	Lyn Cameron	zumbagold@chalfontsu3a.org.uk

### Chalfonts u3a Committee

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u3a National website	www.u3a.org.uk
Thames Valley Network website	www.u3atvnetwork.org.uk